

THE WASHINGTON GOACH

OFFICIAL PUBLICATION OF THE WASHINGTON STATE COACHES ASSOCIATION

Congratulations

WSCA!

3,180

members

and growing!



WASHINGTON STATE COACHES ASSOCIATION



2008-2009 Membership Application

See our website at
www.washcoach.org

Please **PRINT** All
 information **LEGIBLY**

Date _____

Name _____

Mailing Address _____

City, State, Zip _____

Home Phone _____

School Where Coaching _____

Name of the School District _____

School Phone _____

Preferred Email address(es) _____
 (Please help us communicate more effectively by including this)

Mark Sports Coached with a 1, 2 or 3 for
 Preference and check the H or A column for
 Head or Assistant Coach

Preference	H	A	Years Coached
<input type="checkbox"/> Baseball			_____
<input type="checkbox"/> Basketball (B) (G)			_____
<input type="checkbox"/> Bowling			_____
<input type="checkbox"/> Certified Trainer			_____
<input type="checkbox"/> Cheer			_____
<input type="checkbox"/> Cross Country (B) (G) (Both)			_____
<input type="checkbox"/> Dance			_____
<input type="checkbox"/> Drill			_____
<input type="checkbox"/> Football			_____
<input type="checkbox"/> Golf (B) (G) (Both)			_____
<input type="checkbox"/> Gymnastics			_____
<input type="checkbox"/> Soccer (B) (G)			_____
<input type="checkbox"/> Softball (FP) (SP)			_____
<input type="checkbox"/> Swim & Dive (B) (G) (Both)			_____
<input type="checkbox"/> Tennis (B) (G) (Both)			_____
<input type="checkbox"/> Track & Field (B) (G) (Both)			_____
<input type="checkbox"/> Volleyball			_____
<input type="checkbox"/> Wrestling			_____
<input type="checkbox"/> Other Sport-Please Specify			_____

Which Sport Group should receive credit _____

Benefits Include:

- *State Tournament Pass for All WIAA Tournaments and Selected WIAA District Tournaments
- *Liability Insurance Coverage of \$1,000,000 to cover members while working a scheduled, sanctioned and supervised WIAA sport or event. Contact 1-800-853-5899
- *Your senior sons or daughters are eligible to receive WSCA scholarships.
- *Hall of Fame eligibility.
- *Eligibility for Coach of the Year awards.
- *Eligibility to coach in WSCA All Star games.
- *Enhanced professional growth to continue in the coaching field.
- *Window decal upon request.
- *Eligibility for publication in your magazine THE WASHINGTON COACH.
- *Coaching Clinics.

Send completed form with \$35.00 to:

Jerry Parrish, Executive Secretary 18468 8th Avenue NE Poulsbo, Wa 98370	1-800-441-7776 jparrish@donobi.net
--	--

Benefits effective upon receipt of application and \$35.00.
 Membership is from 8/1/08 through 7/31/09.

- _____ Non Teacher
- _____ Retired from teaching but still coaching
- _____ Retired from coaching but still teaching
- _____ Totally Retired from both

We want to know more about our coaches.

Could you please tell us:

1. High School and College attended;
2. Other sports coached at this school;
3. Other schools where you have coached;
4. Sports you coached while there;
5. How long you coached each sport;
6. The school years you were there;
7. Notable W/L or playoff records, awards received;
8. Total years in coaching.

USE BACK FOR EXTRA IF NECESSARY



Executive Board

Past President Jerry Koester	President Mike Schick
1st Vice President Pat Fitterer	2nd Vice President Chuck Bowden
3rd Year Position Sue Doering	3rd Year Position Tom Harmon
2nd Year Position Mike Grady	2nd Year Position Nalin Sood
1st Year Position Jan Kirk	1st Year Position Rob Friese
Secretary-Treasurer	Jerry Parrish
WIAA Board Liaison	Ed Laulainen
A.D. Liaison West	Bob Bourgette
East	Bill Alexander
MS Liaison West	Mike Schick
East	Kyle Rydell

Magazine Editor

Scholarship Chairman

All Star Game Liaisons

Sport Associations Board Representatives

- Athletic Trainers -Hugh Franks Mary Walker
- Baseball - Brad Conn Sedro-Woolley
- Basketball (B) - Nalin Sood Mt. Lake Terrace
- Basketball (G) - Mike Grady-Thomas Jefferson
- Cheerleading - Pam Headridge Oak Harbor
- Cross Country - Joe Clark Lakes
- Fastpitch - Tom Harmon Nooksack Valley
- Kyle Peacocke Everett
- Football - Bob Bourgette Kennedy
- Golf - Darrell Olson Everett
- Gymnastics - Karen McQuiston Capital
- Swimming-Jeff Lowell Mercer Island
- Tennis -Nathaniel Whitley Rogers Puyallup
- Track & Field - Rob Phillips Seattle Academy
- Volleyball - Tony Batinovich Puyallup
- Wrestling -Craig Hanson East Valley (Spokane)
- Brett Lucas Todd Beamer

For more information contact the below:
Secretary-Treasurer
Jerry Parrish

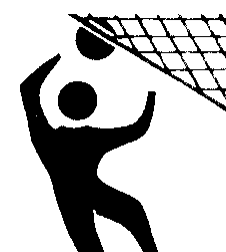
18468 8th Ave NE, Poulsbo, WA 98370
800-441-7776 (H-WSCA) 360-779-4326 (FAX),
jparrish21@comcast.net

Interim Magazine Editor
Barb Johnston, 421 E. Davies Loop Road
Lake Stevens, WA 98258; 425-334-2760
Johnston.barbcliff@verizon.net

The WSCA falls under the WIAA umbrella. For information contact:
WIAA, Mike Colbrese, Executive Director
435 Main Ave. S., Renton, WA 98055
425-687-8585

WHAT'S INSIDE

From The President	2
From The Sidelines	3-4
WSCA Career Recognition	5
Softball Hall of Fame	6-7
Thank you Coach Iverson	8
Coaching with my Dad	9
Parental Advisory	10-11
Cross Country	12
Earl Barden East-West Classic	13-15
Football Hall of Fame	16-18
WSCA Executive Board Nomination Form	17
Rookies Message "Never Give UP!"	19-20
Member Coaches by Sport	21-31
Gymnastics Report	32
Hawkes Squawks	33-35
Volleyball Hall of Fame	35
Loading Patterns	36
Student Teacher Scholarship	37
On The Sideline	38-39
The Passing Parade	39
Practice Management	40
"Silent Gesture" Worth Reading!	41-42
Burnett-Ennis Scholarship	43-44



Do you have an article you would like to have published in the **Washington Coach**?
Send to Barb Johnston at
Johnston.barbcliff@verizon.net or
421 E. Davies Loop Road,
Lake Stevens, WA 98258
Summer Deadline is May 14

From The President

Spring 2008

Dear WSCA Members,

I have observed over the years that in a room full of coaches there may be as many points of view and opinions on a given topic as there are people in the room. Coaches are often passionate about how they see things. The likelihood of agreement on a complex issue may be small, but the exchange of ideas can be informative and spirited. However, I believe one essential ground rule for this verbal activity is that opinion must not be a substitute for fact. All those at the table should be very clear which is being shared.

The past few weeks I have found myself involved in e-mail conversations with several different coaches. The topic of our discussions has been coaches who are “out of building”, volunteers and coaches who are not teachers. This exchange of thoughts and ideas was initiated by an “out of building”, “non teacher” coach who was trying to understand comments which were made by some other coaches. His irritation was caused when the words and examples used by others did not match his personal experiences as a veteran high school coach. I readily understood his point of view and agreed that perhaps opinion was being offered as fact. Ground rules are necessary for this activity.

Coaching student-athletes is much more than teaching them how to make jump shots, baton exchanges, or a 4-10 split. We can all agree on that being a fact. As coaches, we are often one of the most influential individuals in the lives of our student-athletes. Quality coaches not only understand this responsibility, but are genuinely concerned with the well being of the young people in their charge while they are on and off the field. All of us know quality coaches. All of us also know quality coaches who are making a living in a place other than the school where they are coaching.

Three of the nine head coaches and the entire girls’ soccer coaching staff in our building are not teachers and they are indeed quality coaches. We consider ourselves extremely fortunate to have them on our coaching staff. Our athletic program may not even be possible without their contributions as the current teaching staff would not be capable of filling those positions.

Knowledgeable, compassionate, dedicated, and energetic coaches are a necessity if our profession is to thrive. These qualities can be found in men and women in many different places. We owe it to our student-athletes, our athletic programs and our profession to find quality coaches. I don’t believe that search should be limited to the faculty room.

Let us hear from you and always keep your head up,

Mike Schick



FROM THE SIDELINES

by Jerry Parrish



From The Sidelines

ORCHIDS

WSCA would like to thank the WIAA Districts in our state who are acknowledging our WSCA membership card for entrance into various WIAA District events. WSCA greatly thanks each WIAA District.

THANKS TO OUR SPONSORS

- To the BIG 5 sponsors who helped make the WSFCA mid-winter clinic successful;
 - ✓ **Seattle Seahawks**
 - ✓ **Gear Athletics**
 - ✓ **Varsity Gold, Inc.**
 - ✓ **Digital Sports Video**
 - ✓ **Coaches Choice**
- To the TRACK AND FIELD CONVENTION SPONSORS
 - ✓ **Pocket Videos**
 - ✓ **LLC**
 - ✓ **Brooks**
 - ✓ **Ron Morris on Track**
 - ✓ **VS Athletics**
 - ✓ **Sport Fab, INC**
 - ✓ **Canopies by Fred**
 - ✓ **Marysville Coaches Association**
 - ✓ **Boathouse Apparel**
 - ✓ **Foot Zone**
 - ✓ **On Track**
 - ✓ **Coaches Choice Videos and Books**

Washington State Track and Field Coaches Association

- Congratulations Hall of Fame inductees: Dan Blackmer (Kings) Jerry Russell (LaCrosse, Franklin-Pierce, Green River CC), Jim Kennet (Mt Rainer and Kentridge).
- Tuck Gionet, Snohomish High Track coach, has put together a great web site. Coach has put together a nice web site with em-

phasis on their recently completed clinic. You can visit by going www.wstfca.com

- Bouquet of **ORCHIDS** to Rob Phillips (Seattle Academy), Daunte Gouge (Kings) and Larry Royce (Bellevue Christian) for putting together a great Track and Field Convention.
- Award winners from Washington State Track and Field Coaches Convention
 - ✓ Dawn Geiser (Skyline) Women's Coach of the Year
 - ✓ Kevin Eager (Gig Harbor) Men's Coach of the Year
 - ✓ John Crawford (Pasco) Lifetime Achievement Award
 - ✓ Dave Bowden (Athletic.net) Contributor of the Year
 - ✓ Bob Sund (PNWTFA0) Official of the Year
 - ✓ Craig "Sideline Smitty" Smith (Seattle Times) Media Person of the Year

Washington State Football Coaches Association

- Congratulations Hall of Fame Inductees: Bob Bourgette, (Kennedy); Larry Lunke (Peninsula, Anacortes), and Dan Graham (Reardan)
- To Greg McMillan for his magnificent work in putting together a great WSFCA Hall of Fame program to honor three great coaches on their induction into the WSFCA Hall of Fame.

Continued on page 4

Continued from page 3

- And to Dan Heltsley, Bethel Athletic Director, and Rick Stubrud, Archbishop Murphy Athletic Director, for their well managed Coach of the Year Awards—very well done.
- Vendors who know that being at the WSFCA clinic is an important link to the coaches of the WSCA.
- Ed Laulainen for putting together an excellent array of speakers for the WSFCA clinic.
- To the Earl Barden “Gofers” and other administrative assistants who helped make the clinic a success.
- Orchids to mature officials who have taken it upon themselves to recruit new, younger officials and helping to make them better.

ONIONS

- I just cannot sit here and have a good feeling and not share with the readers the conversations regarding requests for WSCA membership cards at or near winter sport tournament time. What really burns me is that these coaches who request a day or two ahead of tournament time for card use are

forgetting the other very good benefits available through WSCA membership.

Here are some good ones:

- √ My wife washed my wallet.
- √ Can you fax me a pass so I can get into the Tacoma Dome. I have just left my school and I cannot find my membership card.
- √ I am planning on going to the tournament tomorrow; can you send the card before I leave?
- √ I cannot find where the coaches meeting are to be held. Perhaps reading the packet from WIAA would help.
- √ These are all pretty good, but my all time favorite is when a coach called me on his cell phone while in the ticket line at the Sun Dome asking if I could call the ticket seller telling him that this coach was a member.
- √ Nike for showing up uninvited and unscheduled and parking in the Hilton parking lot at the WSFCA football clinic ■

CHANGED YOUR ADDRESS?

NOTIFY THE WSCA

Name _____

Email _____

OLD ADDRESS

NEW ADDRESS

Address _____

Address _____

City _____

City _____

State _____ Zip _____

State _____ Zip _____

New Phone # _____

Current email Address _____

Please send change of address to WSCA, 18468 8th Ave NE, Poulsbo WA 98370 or email the change to jparrish@donobi.net

COACH: Are you a Candidate for the WSCA Career Recognition Program

The WSCA Executive Board has a recognition program for the coaches in our state association.

A criteria has been developed for head coaches at the high school level in the following sports:

- Football
- Volleyball
- Girls Basketball
- Boys Basketball
- Girls Soccer
- Boys Soccer
- Baseball
- Softball

Criteria for assistant coaches and for the remaining sports will be established later this year after consulting with I.S.A. representatives.

Coaches in the mentioned sports will be honored for reaching career milestones. It will take 100 wins in those sports (50 in football) to achieve Level I. To reach Level II it takes 200 wins (100 in football). Accumulating 300 wins (150 in football) allows you to attain Level III. Those coaches who have 400 career wins (200 in football) will be honored at Level VI. Awards ranging from certificates to plaques will be given to deserving coaches by the WSCA.

To be recognized by the WSCA, you must apply for this award and be a WSCA member. An application is located below.

Congratulations in advance for our coaches who meet the milestone criteria.

HAVE YOU APPLIED? CAREER MILESTONE RECOGNITION PROGRAM

Name: _____ School: _____
 Home Address: _____ City/Zip: _____
 Sport: _____ Membership #: _____ Years Coached: _____

School	Year	Victories

TOTAL VICTORIES _____

Forms need to be complete and accurate before being returned to:

Jerry Parrish, 18468 8th Ave. NE, Poulsbo WA 98370

WASHINGTON STATE SOFTBALL COACHES ASSOCIATION HALL OF FAME 2007

The 5th annual WSSCA Hall of Fame Luncheon was highlighted by the induction of Jeff Skelly (Inglesmoor) and Bruce Welling (Central Kitsap) into the Hall. These two coaches have combined for over 765 wins on the diamond with each winning a state championship. The luncheon, which was held on November 10, also recognized WSCA members who were selected as “Coach of the Year” as well as honoring milestone award winners. Tom Harmon (Nooksack Valley) once again organized the affair and began the occasion recognizing this year’s milestone award winners. This year’s recipients for level 3 (300- plus career wins) were Steve Barker (Lakewood) and Bob Vanderhaak (Lynden Christian). Level 1 (100-plus career wins) winners were John Barrington (Mead) and George Lynn (Shadle Park).

This year’s “Coach of the Year” award winners all had successful seasons, many of whom brought home some hardware from this year’s state tournaments. Each of the nine districts around the state had a coach nominated by their WSCA District Area Representative.

In District 1, Kelly Howell led the Concrete Lions to the 2B state title. District 2 winner Jeff Skelly guided the Lady Vikings of Inglesmoor to a third place finish. In District 3, Paula Grande’s North Mason Bulldogs won the 2A state title. Marni Dean of Mossyrock in District 4 led the Lady Vikings to a second place finish in the 2B championship. Jeff Barker from Chelan, once again won the award for District 6. In District 7, Chuck Moffat of Lakeside (Nine Mile Falls) saw his team finish third in 1A

state tournament action. Shadle Park’s George Lynn repeated as District 8 winner where his Highlanders saw themselves back in the title game once again, but this time bringing home the 4A state title. Rounding out the this year’s selection was Phil Weagraff from Garfield-Palouse in District 9 who took his team to post season and the state tournament in 2B action. Congratulations to each of these coaches on a fine season!

The main event of this year’s program was the Hall of Fame induction. Both coaches have found success on the softball field. Each has over 300 victories. Each made the transition from slowpitch to fastpitch. Each has won a state title, but more importantly, each has touched the lives of the athletes whom they have coached over the years. This year each inductee was introduced by an assistant coach and/or a family member. All three speakers gave great introductions sharing stories and memories of their inductee. Thank you John Sitton, Tracy Pugh, and Hally Skelly for a job well done.



Jeff Barker, George Lynn, Jeff Skelly



Jeff Skelly and Bruce Welling

Bruce Welling

Coach Welling has coached softball since 1982. His Central Kitsap Cougars have been to the fastpitch state

Continued on page 7

PROTECTING

your investment,
property,
and athletes

RESILITE™
SPORTS PRODUCTS, INC.



Wrestling

WRESTLING MATS, HOME USE MATS,
USED WRESTLING MATS, REPAIR KITS
and MAT STORAGE SYSTEMS.

Exclusive Supplier of NCAA Champions since 1963



Gymnastics & Cheerleading

TUMBLING MATS, LANDING MATS, PITS,
ROLLABLE FLOORS and TRAINING AIDS.

And Much More

More than 100,000 Schools, Universities,
and Clubs have requested Resilite Mat
Products for over 40 years. Call for a free catalog!

Wall Padding

Protect walls in WRESTLING
ROOMS, GYMNASIUMS, BEHIND
BASKETBALL STANDARDS,
and OTHER APPLICATIONS. Installations available.



GARY E. FREY
SUPLAY-WRESTLERS WORLD

PO Box 657
Elma, WA 98541-0657
877-427-4400

Continued from page 6 - Softball

tournament nine times, placing in the top four seven times and winning the State Title in 1993. Bruce has 451 career wins and has been a member of the WSCA for over 25 years. Success seems to follow any team that Coach Welling is a part of as he has coached three different sports, football, softball, and bowling in state tournaments. This is Bruce's 38th year of teaching and his 36th year of coaching. Bruce has two sons, Kevin and Kyle and a daughter Kara.

Jeff Skelly

Coach Skelly has been the softball coach at Inglemoor for 22 years. Jeff has 314 career wins, one state title, three third place state finishes, nine Kingco Championships, and has qualified for the state tournament nine times. For the last 29 years Jeff has also coached football at Inglemoor, where he is the co-defensive coordinator and

defensive line coach. Jeff serves as the District Director of Traffic Safety and teaches Traffic Safety along with P.E. at Inglemoor. Jeff has been a member of the WSCA for six years. He and his wife Bobbye have two children, son Mike and daughter Hally, who also gave a touching speech about her dad at the luncheon.

Our association would like to congratulate these two fine additions to the Hall of Fame as they are both great ambassadors for our sport and our profession.

Know anybody who you feel is deserving of the Softball Hall of Fame? Send your nominations to tharmon24@hotmail.com or jschuh@cvsd.org. Criteria for induction consideration are: If still coaching, they must have coached softball in Washington state for a minimum of 15 years and be a member of the WSCA. If retired, they must have coached in Washington state for a minimum of 10 years and been a member of the WSCA. All names will be forwarded to the Hall of Fame committee. ■

Thank You Coach Iverson

by Mike Schick
WSCA President

January 31, 2008 was a Thursday. Unlike most Thursdays it was a very special day for many of us who attended the varsity boys' basketball game at Rogers High school. The fact that Rogers would be playing their final game of the season against Spanaway Lake High school was significant as the seniors and their families were honored before the start of the contest, but what made it a very special Thursday was this would be coach



Iverson's final game as the head coach of the Rogers basketball program.

Having announced his plans to retire from basketball earlier in the season, coach Iverson knew as we all did, that at some point his last day of coaching basketball would come

this season. Maybe it would come at the state tournament where his teams have been in the past. Maybe the final game would be in the West Central District or the SPSL tournament as boys' teams from Rogers were regular participants at both these events. However, the final game of a 43 year basketball coaching career would be the last game of the league schedule, a Thursday night at home and appropriate enough ending with an exciting win for Rogers.

It is often said that we don't fully appreciate what we have until it's gone. Coach Iverson has been appreciated everyday of his career. His players have appreciated his demanding and most of all caring philosophy of coaching basketball. His students have appreciated his knowledge and genuine interest in preparing them for their future. The many coaches he has mentored have appreciated learning not only the game, but how to compete with pride and class.

As the game ended, coach Iverson met with his team in the locker room. A reception in the cafeteria was waiting for his arrival where many would speak of his coaching career but all would speak about coach Iverson the man. Integrity, honesty, compassionate, caring, competitive, forgiving and self-demanding were the qualities rightfully attributed to coach Iverson by each and every person who spoke. Coach Iverson is appreciated as a



teacher, a mentor, a father, a "papa" and as a basketball coach. His coaching may be done, but coach Iverson the man, who is truly great in all of these roles, will continue to be appreciated by all of us always.

Thanks coach... ■



COACHING WITH MY DAD

by Stephanie Splater

Biography: Pat Pfeifer is a former President of the Washington State Coaches Association and has coached multiple sports in the Spokane area for more than 40 years. Stephanie Splater is his daughter and coaching colleague. She teaches Fitness & Health in Spokane.

At first, my dad was leery of us coaching track together. I was only 19 and thought I knew everything about Track & Field. And as I grew to learn, he was usually right - as a father and as a coach. Luckily Dad gave me a chance and over the next decade I learned the patience and perseverance it took to make a difference in coaching.

This February we'll begin our tenth season together. Even during the two years when I taught and coached outside of Spokane, not a Thursday dual meet evening went by where we didn't discuss whose team ran a faster 4x200, which discus-throwing 100m runner achieved two PRs, or which opposing coach caused the biggest fuss at the long jump. Dad has always coached football too, was the featured guest speaker on post-play when I coached basketball for a few seasons, and dabbled in wrestling before I was born. Track & Field, though, had always been our common bond. Well that, the Seattle Mariners, popcorn, and dogs that stick their heads out car windows.

Last Track season when pancreatic cancer tried to lap him, Dad found a way to beat it and as opposing coaches have experienced, did so with absolute determination and dignity. I filled in for him temporarily as the Head Girls Track Coach at Lewis & Clark High School and realized immediately how important he was to so many people. The girls were devastated, other coaches in the league were constantly emailing with well-wishes and inquiries, and keeping the team working towards a common focus was a daily struggle. I learned to appreciate how much hard work goes on behind the scenes when you're in charge of a program and how committed to the sport and the kids you truly have to be. I also learned to appreciate what a wonderful coach and mentor my dad has been to me.

During a late night in the ICU with him last winter, I thought a lot about how Dad had prepared me for the challenge of leading our team for the next few months. He had faith in me and I wasn't going to let him down. I was determined to carry on his message and he was determined to rejoin the Tigers. Over the course of the season, Dad's health continued to improve and it was no

mystery why our team improved also. I remember one rainy meet day in particular when he braved the conditions, still recovering from surgery, and spoke just three simple and powerful words to the girls: "Do your best."

Dad has helped me do my best, striving for that every day in coaching, teaching, and in life. The following is a compilation of the most important things he has taught me during the journey to be a successful coach:

- Read Frosty Westerling's Make The Big Time Where You Are - If an athlete believes they are part of something, you've won. If you help them understand how to compete with class, while at the same time competing hard, they've won too.
- Be consistent and be fair.
- Commit to keeping an open mind, with the desire to constantly learn new things.
- Attend coaching clinics and become involved in the Coaches Association.
- Pick your battles. (Singing on the bus - OK. Not wearing team colors during warm-ups - Not OK.)
- Teach goal setting and keep teaching it.
- Choose assistants who are loyal, knowledgeable, and committed to the program and kids.
- Don't act like a teenager - no matter what age you are as a coach, be the adult. (No water balloon fights in the locker room after practice)
- Treat your colleagues, administrators, and parents with respect. That respect will be returned over time in spades.

Dad told me once that he taught so he could coach. Without him I never could have realized my full potential as a teacher or as a coach. He gave me a chance to grow through coaching, as a person, as an example to young people, and as a professional committed to maximizing the potential of athletes.

Thank goodness we'll be able to continue coaching together so I can continue to learn even more. Dad's ready to begin his 42nd season and I'm ready to begin my 12th. ■

Parental Advisory

by Lem Elway

One of the most overlooked aspects of coaching is dealing with parents. From the dad who has coached his son throughout youth football to the mom who doesn't understand why her slow-footed linebacker son isn't starting. ("But Coach, he hasn't missed one practice!"), parents rarely accept their children's lot in sports just because someone says so.

This generation of moms and dads wants logical explanations for every action a coach takes. They have questions about why certain decisions are made and concerns about how the coach's actions affect their child. Handling these situations correctly can make for a positive experience, but if handled incorrectly, they can cause a lot of sleepless nights.

For many coaches, the first response is to tell parents not to interfere. But this strategy usually backfires. It simply makes the parents distrust the coach. I've found a better solution is to educate the parents on their role and the proper procedures for raising questions.

Communicate Roles

The first step in educating parents is delineating roles. It helps immensely when parents know their responsibilities as well as those of the players and coaches. These may vary depending on your particular school and support staff, but I'll explain how I break it down in my program as an example. (See "Rules on Roles" for a complete list.)

The role of the coaches is to be

the leaders and communicators. They lead by acting professionally at all times, being good teachers, making fair rules and decisions, staying organized, and setting a good example through all their actions. As communicators, they must exhibit good listening skills, be available to players and parents, clearly outline rules and expectations, and be in touch with all administrative guidelines. Another constant responsibility of the coach is to reduce all risks associated with the

Coaching today means more than just teaching and guiding your players, it means dealing with their parents. But by setting expectations and defining roles, you can help keep them working with you, not against you.

game and follow safety rules. And, finally, coaches alone decide on playing time and strategy.

The role of the parents is to be a support system for the players and coaches. This entails respecting the rules and decisions made by those in charge, staying positive about every aspect of the team and all of its players, and keeping any negative thoughts to themselves. It also entails thoroughly understanding the role of the coaches and knowing not to interfere with that role.

The role of the players is to be a

responsible member of the team. This includes having a good attitude, following team rules, and asking questions of the coach when needed.

Being Proactive

Once you've outlined the responsibilities of the three major groups, you need to communicate to each person the roles everyone plays. With players and assistant coaches, there are plenty of opportunities to talk about roles and responsibilities, but with parents, you need a more proactive plan.

The first step is accepting parental involvement as part of the job. It is very important to make parents feel comfortable about asking questions and to provide good answers. We all know that a good portion of parents who ask questions will never be thoroughly satisfied, but as coaches, we need to provide the answers, whether they are accepted or not.

Coaches also need to be ready to justify their actions when dealing with players. This also helps to ensure that we are doing the right things in all situations. We need to be ready to respond to the disagreeable parent. And we need to be patient with the parent who has played or coached and thus thinks he is an expert on the game.

At the same time, we need to realize that most parents' experiences are very limited. Something that seems obvious to a coach may need extra explanation to a parent. In addition, parents, by nature, have tunnel vision – they usually see only their child's

needs and seldom are objective. The reality is that it falls on the coach's shoulders to educate and lead parents through this experience.

Team Meetings

Being proactive in dealing with parents also means opening the lines of communication from day one. I do this by setting up group meetings with parents. I may have three or four such meetings throughout a season. This may seem like a lot of extra work, but it actually reduces the number of one-on-one discussions I need to have with parents.

RULES ON ROLES

A great way to entice parents to become positive members of your support system is to get them to understand their role, as well as the roles of the coaches and the players. In no particular order, here is how I outline responsibilities for my players' parents:

COACHES' ROLES:

1. Set a good example for players and fans to follow.
2. Be positive, fair, and consistent with the players.
3. Make playing time and strategy decisions with thought and care.
4. Establish and organize practice for the team on a daily basis.
5. Be a good communicator with players and parents.
6. Protect the safety of all athletes.
7. Know and employ injury-prevention procedures.
8. Make sure players know expectations, procedures, rules, and lettering requirements for the program.
9. Make sure everyone has practice and game schedules.
10. Be a professional practitioner; stay current with X's and O's.


11. Keep inventory of equipment.
12. Work to help assistants improve.
13. Keep track of the academic progress of athletes.
14. Be available to talk with players and parents.

PARENTS' ROLES:

1. Be a fan of everyone on the team.
2. Respect the decisions of officials.
3. Respect other fans, coaches, and players.
4. Talk to your child if he has any questions and, if necessary to answer them, contact the coach through agreed-upon athletic department procedures.
5. Keep any negative thoughts about a coach, the program, or teammates to yourself.
6. Don't talk to coaches on game day about a complaint.
7. Understand that the coaches; responsibility is to make certain that students are safe and become better people and athletes, not to win every game.
8. Be supportive of your child.

PLAYERS' ROLES:

1. Be positive and have a good attitude.
2. Support your teammates.
3. Work hard.
4. If there are any questions, ask the coach.
5. Know and follow school and team rules
6. Challenge yourself as an athlete and a person.
7. Meet classroom expectations.
8. Notify the coach of any scheduling conflicts in advance.
9. Talk to the coach about any special concerns. ■



NOTE the WSCA email address
Jparrish21@comcast.net
Drop us a line!

The WSCA web page address is:
www.washcoach.org

Our web site has been expanded to include a membership roster to be used as our membership grows and get more information. Please help us keep this site current.

We are willing to include job information, open dates and other items pertinent to High School Sports in the state as well as highlighting the activities of the association. Send us your information and we will display it.

RENEW YOUR MEMBERSHIP
TAKE ADVANTAGE OF BENEFITS AVAILABLE

by Joe Clark, WSCA Sports Representative

Another cross country season has come and gone, another winter, and now, as we enter spring, many of you will look towards Track and Field or other endeavors. But even so, there are a number of cross country items to keep in mind for the coming year. First and foremost, as you undoubtedly know by now, is the site of the state meet. Although John Crawford is stepping back (although we all know he won't be able to tear himself away completely) the meet will still be in Pasco for the next two years.

Your state cross country coaches association will be busy as well. By the time you are reading this, you will likely have received your ballot and had the opportunity to vote for positions on the executive board as well as your own district representatives. The board met this winter, and among the other things discussed how we can continue to honor athletes and coaches, both past and present.

We increased the number of Coach of the Year awards to honor boys and girls coaches in all classifications. We are purchasing two more traveling trophies, so that there is one for all classifications. We have begun adding Hall of Fame Plaques to a dedicated Cross Country wall at the WIAA headquarters in Renton, and we have also added two levels of coach's recognition. Letters to this years Senior All Star team have been sent out as well, and hopefully there will be a great turn out at the All Star race in July. Information on all of these items can be found at our website, www.watfxc.com.

Along those lines, the East West All Star race has continued to expand the number of scholarships awarded. We are also (always) in need of volunteers to help with the race, as well as the Run of the Mill in Mill Creek (one of our major fund-raisers). Our scholarships are awarded to athletes statewide but the sad truth is that well over 90% of the scholarship funds come from the Puget Sound Region. If you know of a possible supporter (running store, local business, road race, etc.) that would be willing to

help out, please let us know. Our fund raising coordinator is Jeff Sowards (jsowards@lwsd.wednet.edu) of Lakewood High School. Please understand that we aren't asking you to write a check yourself. While we will never turn away a donation, the scholarship fund should come from cross country alumni, running related businesses, and other businesses in your community. Every dollar we raise goes back to the athletes in scholarships. Unfortunately, we do have one other problem. We simply do not have enough applicants for the scholarships. In a sport where high GPA's, community service, and involvement are the norm, this is troublesome. Please encourage your senior athletes to go on-line at watfxc.com and fill out the scholarship application. Helping our athletes is a driving mission for us. Please help us help your kids by encouraging them to apply for a scholarship.

Speaking of the East West All Star race, the invitations are out and we hope to finalize our team soon. If you have an athlete who has been offered a spot on the team, we would encourage them to participate. The race has become a great event, with athletes receiving team uniforms, t-shirts, and other "swag" from Brooks and Super Jock and Jill. Coaches of state championship teams are our honorary coaches (you must be a WSCA member though at the time of the race). The race also has open divisions for current athletes, coaches, parents, and community members. The race is followed by a fine barbecue with some of the best cross country coach/grillmasters around.

This year marks the return of the White Pass Coaches clinic August 5-8. The White Pass camp for athletes has been full since December, and Falcon, Olympic Peaks, South Sound and several others out of state are seeing more and more athletes attending. Our sport is strong and getting stronger. As a coach who regularly gets athletes from out of state via military transfers, I often hear how impressed they are with the strength of the athletes and programs in our corner of the country. It's not the water; it's you, the coaches and volunteers who make our state so strong. Keep on doing what you do for our student athletes...it's working. ■

It's not the water; it's you, the coaches and volunteers who make our state so strong. Keep on doing what you do for our student athletes...it's working.

WASHINGTON STATE FB COACHES ALL-STAR GAME EAST-WEST EARL BARDEN CLASSIC

WHEN: SATURDAY, JUNE 21, 1PM

WHERE: ZAEPFAL STADIUM, YAKIMA, WASHINGTON

The 2008 Earl Barden All-Star Classic will be held for the 14th straight year on June 21st at 1pm at Zaepfal Stadium in Yakima. The teams are selected from the nominations of the coaches from each league in our state. The selection process took place in early January and the rosters for the game will be published in the spring magazine.

The game was started in 1995 with the financial and organizational leadership of Earl Barden. Earl was a successful businessman in the Yakima area and was highly influential in the support given by the Yakima community to start this game. Earl passed away in the winter of 1999 and the community of Yakima has embraced the game and continued in its tremendous support of the Classic.

We have always embraced any football coaches who would wish to become part of this game. If you are interested in becoming a “gopher” for the Classic please contact me and I will get you “on the team!.”

**LET’S ALL MEET IN YAKIMA ON JUNE 21st
FOR SUMMER FOOTBALL.....**

H&L Sports

Team, School & Institutional Sales
Est. 1940

**TEAM EQUIPMENT * UNIFORMS * P.E SUPPIES
CUSTOM SCREEN PRINTING & EMBROIDERY**

2806 Colby Ave * Everett, WA 98201
Phone (425) 259-5515 Fax (425) 259-5518

www.handlsports.com

Earl Barden Classic Chairman: Bill “Alex”

Alexander, Quincy HS

201 C St. SE, Quincy 98848

509-787-1152 (h)

787-3501 (w) Quincy HS

Alexfb1@msn.com (h)

walexand@qsd.wednet.edu (QHS)

East Game Coordinator Selection Chair:

Mike Lynch, lynchm@ritzcom.net

509-659-1109, 509-660-1131, fax.

West Game Coordinator/selection chair:

Rob Friese: robf@willapa.wednet.edu

360- 942-2006

EAST-WEST EARL BARDEN FOOTBALL CLASSIC

EAST TEAM

FIRST	LAST	HT	WT	POSITION	SCHOOL
David	Walker	6'2"	185	FB/LB	Othello
Brian	Jones	6'	230	OL/DL	Naches
David	Rowley	6'4"	230	OL/DT	Connell
Spencer	Hadley	6'1"	205	WR/DB	Connell
Gabe	Webster	6'	195	G/LB	Brewster
Robbie	Alter	6'1"	165	WR/FS	LaSalle
Travis	Todd	6'3"	230	TE/LB	Odessa
Cory	Gall	6'4"	275	G/DE	DeSales
Frank	Willis	6'	235	G/DE	Clarkston
Wes	McAdam	5'11"	180	RB/LB	Lakeside
Brett	Clyde	5'11"	175	QB/DB	Connell
Sean	Timmerman	6'1"	185	QB/TE/DE	Tonasket
Mike	Reno	6'3"	195	QB/LB	Kittitas
Daniel	Gannon	6'2"	185	TE/LB	Prosser
Justin	Walker	6'2"	263	G/DT	Cheney
Michael	Ledgerwood			RB/LB	Riverview
Dexter	Allred	5'11"	190	FB/LB	Royal
Dale	Entel	6'2"	165	WR/CB	Clarkston
Jeremy	Garza	5'10"	215	C/DE	Othello
Sterling	Hatch	6'5"	205	T/DT	Pullman
Parker	Flynn	6'1"	180	WR/CB	West Valley
Silas	Rohner	6'4"	230	G/CT	Colfax
Lucas	Fox	5'11"	195	RB/SS	Kettle Falls
Pat	Chase	6'1"	185	RB/DB	Cle Elum
Brett	Linehan	6'2"	180	WR/DB	Chelan
Derek	Toney	6'1"	250	T/DT	Reardan
Tyler	Moos	6'5"	190	TE/DE	Reardan
Kevin	Baffney	6'2"	210	QB/SS	DeSales
Kurt	Russell	6'2"	200	WR/DB	East Valley
James	Porteous	6'7"	235	OL/DL	Cle Elum
Cody	Davis	6'0"	235	OT/DT	Asotin
Kip	Swem	5'5"	175	RB/LB	Ephrata
Luke	Carter	6'2"	250	T/DT	Royal
Austin	Allred	6'	175	QB/DB	Royal
Tanner	Wood	5'9"	160	WR/CB	Cashmere
Hector	Ledezma	6'	200	RB/LB	Royal

EAST-WEST EARL BARDEN FOOTBALL CLASSIC

WEST TEAM

FIRST	LAST	HT	WT	POSITION	SCHOOL
Randy	Eang	5'9"	160	DB/QB	South Bend
Ernie	Cardin	5'9"	185	LB/OL	Willapa Valley
Clint	Burgoyne	6'3"	185	QB/DB	Castle Rock
Sean	McDonald	6'3"	260	OL	Kalama
John	Matthews	5'11"	225	LB	Life Christian
Jon	Donner	6'0"	260	DL	Life Christian
Robbie	Elliott	6'3"	210	QB/DE	Adna
Derrick	McCann	5'10"	240	OL/DL	Adna
Sean	Hurlbut	5'9"	175	DB/RB	Meridian
Andrei	Lintz	6'4.5"	228	TE/OLB	Meridian
Brain	Hughes	6'2"	260	OL/DL	LC
Quincy	Guy	5'9"	175	DB/RB	Woodland
Shawn	Smith	6'1"	205	WR/TE	Washougal
Nick	Cody	6'6"	300	OL	Hockinson
Kyle	Mcquire	6'5"	270	DL./OL	Hockinson
Chris	Riggs			LB	Sequim
Matt	Williams	6'2"	200	DE	Mark Morris
Jonathon	Kriegbaum	5'11"	185	LB	Cedarcrest
Ryan	Bourke	6'4"	215	OL/DL	Archbishop Murphy
Brady	Paxman	5'11"	195	RB/DB	Cedarcrest
Brent	Phillips	5'9"	183	RB/DE	Montesano
Ryan	Huber	6'2"	150	QB	Tenino
Tyler	Fry	5'11"	186	LB	Montesano
Tyler	Cardin	5'9"	165	RB/DB	Fife
Chris	Finlayson	6'6"	220	DE/TE	Fife
Joe	Haggard	6'1"	230	DL/OL	Foster
Conner	Rounds	6'2"	220	OL/LB	Darrington
Nick	Olsen	6'3"	260	OL/DE	Darrington
Erich	Schmidtke	5'10"	205	LB	Aberdeen
Brandon	Semken	6'4"	194	WR/DB	Tumwater
Hank	Bryant	6'4"	215	DE	Tumwater
Joey	Tivnan	6'2"	250	OL/DL	Centrallia
Kolby	Arendse	6'3"	215	QB/WR	Burlington-Edison
Brady	Bomber	5'10"	170	DB/WR	Lynden
Josh	Lott	6'3"	235	OL/DL	Burlington-Edison
Ryan	Gaylord	6'2"	175	WR/DB	Lynden
Steve	Burghis	6'3"	245		B-E
Griffin	Squires	6'3"	220	QB	Chehalis



Washington State Football Coaches Association



Hall of Fame Inductees



Bob Gourgette Jr., Bob Bourgette, Hall of Fame recipient, and Mike Schick, President WSCA

Bob Bourgette

Bob has spent his entire 35 years coaching career at Kennedy High School. He was an assistant for the first 22 years and has been the head coach for the last 13 seasons. His overall record stands at 125-21, including 12 league championships and a second place finish in the 2006 state championship. Bob has been selected as “Coach of the Year”, Seahawks “Coach of the Week”, and has also coached in the All-State Summer Classic. Bob is also the athletic director at Kennedy and has served as the WIAA football representative as well as being a member of the Executive board for the WSCA.

Bob and his wife, Margaret, have been married for 36 years and have three children and four grandchildren.



Hall of Fame recipient Dan Graham and his long-time stat-keeper, Bonnie

Dan Graham

Dan and his wife of 41 years, Mary Lynne, both graduated from Selkirk High School and Central Washington University. They began their teaching careers in Chewelah, where Dan was an assistant for fellow HOF member Herm Pein. After a stop in Rosalia, Dan landed in Reardan, where he worked for another HOF coach, Gene Smith. While at Reardan, Dan was an assistant in football and basketball, and also the head track coach. He took over as head football coach in 1993, making the playoffs 9 out of 10 years and winning state titles in 2002 and 2003. Dan credits Mary Lynne with being a “faithful companion”, for him, and “mentor” and “mother” to their four sons and the many athletes that have passed through their lives. Dan and Mary Lynne are also the very proud grandparents of five grandchildren.

Larry Lunke



Jack Villa, advocate, Larry Lunke, Hall of Fame recipient and Mike Schick, President WSCA

After graduating from South Bend High School and EWU, Larry began a 34 year coaching career at the high school and college level. During his 23 years as a head coach in Grand Coulee, Cle Elum, O’Dea, Peninsula, Anacortes, and Lake Washington, his overall record was 128-96-2. Larry turned Cle Elum, Peninsula, and Anacortes into winning programs and went to the state playoffs 6 times.

The highlight of his career was playing in the first two Kingbowl’s with Peninsula, and winning the State Championships in 1978. He also coached in two All-State games.

Larry and his wife, Kathy, have been married for 42 years and have 2 daughters and 4 grandchildren.



**GOLD
HELMET
AWARD
WINNERS**
**Bert Karnofski
and Tom Ingles**

Bill "Alex" Alexander, WSCA Board Member; Bert Karnofski - Kimmel Athletic, 2008 Gold Helmet Award Winner; Mike Schick, President WSCA



Tom Ingles, advocate, Dave Lutes - recipient of the 2008 Gold Helmet Award and Mike Schick, President WSCA

**SILVER
HELMET
AWARD
WINNER**
 **Scooter
Chapman**

Advocate Lee Sinnes, Scooter Chapman, recipient of the Silver Helmet Award, Mike Schick, President WSCA



WSCA EXECUTIVE BOARD NOMINATION FORM

- Any current member may be nominated for a position on the board, provided that he/she has the endorsement of at least three other current members in the Association.
- Include a brief summary of coaching experience.
- Nominations will close June 8, 2008.
- Send nominations to: Jerry Parrish, 18468 8th Ave NE, Poulsbo, WA 98370

Nominee's Name: _____

Nominators: 1. _____
 2. _____
 3. _____

**The Washington State Football Coaches Association presents
The 2007-08 District coaching award recipients with
WSCA president Mike Schick**



Roger Haug, Jamie Plenkovich, Tuck Gionet



Tom Yearout, Pat Pfeifer



Craig Hyatt, Roger Hoell, Randy Wiggins



Ross Hjelseth, Mike McKay



Dave Jagla, Sandy Coopridner



KC Johnson



Todd Kinley



Hoover Hopkins, Chad Barrett, Neil Buckmaster

Rookies Message “NEVER GIVE UP!” Has Something For Everyone

by Steve K. Bertrand

Anyone who has seen the Disney movie “The Rookie” knows the story of Jim Morris. It’s basically the tale of a small town guy who gets a second chance to realize his dream. The plot goes something like this – Jim Morris (played by Dennis Quaid) injured his shoulder playing minor league baseball over a decade ago. It ended his pitching career. Since his injury, Jim has pursued a different path. He’s become a high school chemistry teacher & head baseball coach at Reagan County High School in Big Lake, Texas, a bone dry, oil town where football is king.

Hoping to motivate his struggling ball club, Jim cuts a deal with his players. If the team wins the District playoffs, he will attend major league baseball tryouts. His team doesn’t take this challenge lightly. Though a program with a losing reputation, the boys achieve their goal. This forces Jim to live up to his end of the deal.

During tryouts, a professional scout discovers Jim can throw a fastball 98 miles per hour. At the time (1999), only about ten professional baseball players could throw that hard. Previously, when Jim had been drafted by the Milwaukee Brewers in the first round (4th pick) of the 1983 amateur draft, he’d averaged around 86 mph. He goes on to sign a major league con-

tract with the Tampa Bay Devil Rays. Jim quickly works his way up through the minors; &, on September 18th, 1999, he makes his debut as a relief pitcher against the Texas Rangers, striking out Royce Carlton on four pitches.

The 6’3”, 215-pound southpaw spends two seasons with the Devil Rays. During that time, he pitches 15 innings in twenty-one games & has an earned run average of 4.80. Jim Morris stepped away from the game of baseball in 2001 to devote more time to his family. “I was tired of doing homework over the phone with my son,” said Morris. He now spends his time as a motivational speaker addressing everyone from kids to corporate America.

On Monday, February 11th, I got the opportunity to meet & listen to Jim Morris speak to coaches in the auditorium at Everett’s Cascade High School. “Morris was brought to Everett to present his message to middle school students about dreaming big & getting around people who want to deny your dreams from becoming reality,” said Robert Polk, event organizer & district athletic director. Morris had encountered his share of “dream killers” growing up. “Even though Disney created a “G-rated” dad for the film, in real life, my father was a dream killer,” said the soft-spoken Morris.

The biggest influence on Jim Morris growing up was his grandfather,

Ernest Morris. “He was a great

man,” said Morris. “He was either at work or church.” A war veteran, Jim’s grandfather went about his life quietly helping his fellow man. “At Thanksgiving, he bought turkeys & delivered them on a buck board to the needy in our community. He did this anonymously,” said Morris. Jim Morris credits his grandfather with teaching him how to become a “Man’s Man”. “Grandpa taught me how to open doors for people, how to say ‘Yes, sir’, & ‘Yes, mam’, & how to shake hands. He made me take grandma on lunch dates to practice my table etiquette.”

Above all, Jim remembers conversations with his grandfather. “He used to tell me to ‘Remember who you are, Jimmy’. He told me ‘People are watching for your reaction to things.’ I may not know everything about baseball; but, I know how to treat people,” said Morris. “Grandfather used to tell me ‘You are born with your name & die with your name; but... it takes a life-time to build character.’” Ernest Morris died due to complications with Lou Gehrig’s Disease when Jim was eighteen.

Because of the strong impact his grandfather made on his life, Jim’s message addresses the important job



Continued on page 20

Continued from page 19

we all have as role models. “As teachers & coaches, we need to stand up to parents & kids & tell them what is the right & wrong way to do things,” said Morris. “We need to let people know sport is an opportunity for learning, not just winning.”

Learning had never come easy for Morris. Because of his verbally abusive father, he’d grown up thinking he was dumb. At age twenty-four, he decided it was time to change his outlook. As a result, he went on to graduate from college with honors. Learning became his passion. And, the first time he stepped into a classroom as a teacher, he was hooked. “I love seeing a young mind light up!” said Morris.

While a teacher/coach at Reagan County High School, what Jim did to turn the Owls’ baseball program around was focus on developing self-esteem & respect. “I didn’t want to be the kind of coach who screamed at kids. I’d seen enough of that. Because we’d only won one game per season the previous three years, & had just eight returning ball players, I attempted a motivational incentive. In an attempt to boost our numbers, I offered A’s in physics to anybody who came out for the team. Unfortunately, I only had two takers,” said Morris, shaking his head.

Morris didn’t quit. A question lingered in his mind... “How can I get the most out of these kids?” Borrowing from the teachings of his grandfather, he returned to the lessons he had learned. He’d have to show them he cared about them as people. So, they started with little things. “We dressed nice. We opened doors. We kept our mouths shut. We refurbished our baseball field. We learned to let our ball playing speak for us. Slowly, we earned respect. We lived by the motto ‘If it’s worth doing, it’s worth

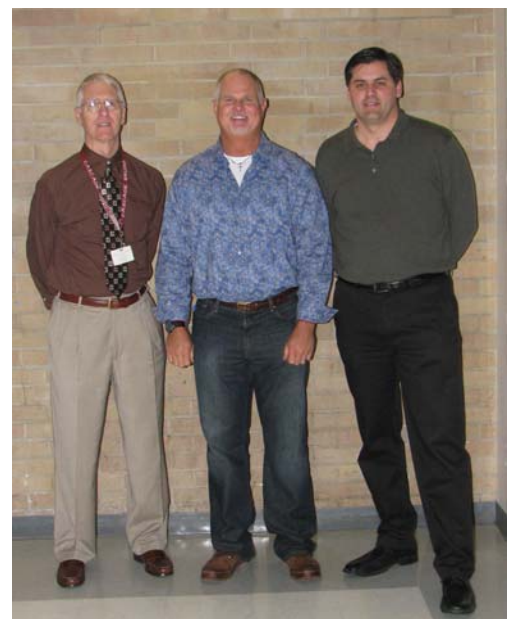
doing well 100% of the time,’” said Morris. In 1999, the Reagan County Owls were district champs. As a result, the next season sixty-three players came out for the team. I finally got my kids attention!” exclaimed Morris.

As it turned out, Jim’s athletes weren’t the only ones who learned something. “I was so proud of those kids,” said Morris. “I learned at age thirty-five life isn’t about me. When those kids won... I had tears streaming down my face. I thought I was the teacher. As it turned out, I was the one being taught.” What Jim learned from his experiences as a coach was it wasn’t about him. “I failed in life when it was about me,” he said. “When I quit trying to do things for myself, I started being successful & achieving my dreams.” Jim was the type of coach who made a promise to kids & saw it through. “I didn’t try out for the majors for any other reason than my kids,” he said.

What I learned from Jim Morris was this... As people, we all have dreams we’ve never pursued. We are never too old. As teachers/coaches, we have kids who have dreams. It’s our job to help them fulfill those dreams. Life is about perseverance. It’s about perspective. It’s about the bigger picture. It’s about second chances. It’s about making mistakes. It’s about helping each other up. It’s about making a difference. It’s about teaching beyond the game. It’s about not underestimating the power we have in kids’ lives. In Jim Morris’s case, it was about pushing a group of kids; & getting them to push back. In the process, everyone learned something. I must say, it’s refreshing to be as impressed with a man as you are with his message.

Jim Morris is a downright likeable guy.

Morris, now forty-four years old, hopes to return to teaching when his kids are grown. Typically, the further one gets from a film like “The Rookie” (2002), the less speaking opportunities an individual like Jim Morris is offered; but, in his case, it’s been just the opposite. If you haven’t caught the film, it’s worth watching. Working with a budget of \$100,000, the 138-minute movie is 90% accurate. “Denris Quaid made me out to look leaner than I am!” chuckled Morris. The movie received the “Truly Moving Picture Award” in 2002, designating it as a film that can “move you to laughter, to tears, to make a difference”. If your district has the funds, you might want to bring Jim Morris in as a motivational speaker. His message has something for everyone. “We all need to be reminded why we are in the ‘kid business’ from time to time,” said Robert Polk. “Presentations from people like Jim Morris help to redirect us in our approach.” ■



Cascade H.S. Athletic Director, Doug Kloke, Jim Morris & Everett School District Athletic Director, Robert Polk

WSCA MEMBER COACHES BY SPORT

Athletic Directors

Chris Holway
Wendy Malich
Andrea McHenry
Pam Olson
Trish Olson

Athletic Trainers

Brad Agerup
Ken Ahlstrom ATC
Sarah Aiken ATC
Brian Apling ATC
Chris Balm ATC
John Banaszak ATC
Dale Blair ATC
Jayson Boehm
Dawn Bolos
Matt Brennan ATC
Larry Brown ATC
Steve Calhoun
Jennifer Carrol ATC
Gary Clinton ATC
Tom Diimmel
Freda Evans
Mike Fine
Christopher D
Franklin ATC
Sara Grandstrand
Chris Hiatt ATC
Gary Hirst ATC
Lorrie A Howe
Brooke Lanning
Sara Larson
Mike LeFore ATC
Erik Mahler
Jeannie Martin ATC
Tim McTee ATC
Sandy Metzger
Craig L Middlebrook
Chris Murphy
Wendy Nygaard ATC
Rick O'Leary ATC
Patrick Olsen
Krista Parsons ATC
Todd Parsons ATC
Scott Peck ATC
Zandra Raef
Cheryl Reed ATC
Dan Ruiz
Barry Smith ATC
Laurie Yocum

Baseball

Jon Aarstad
Kevin Alley
Tyler Alseth
Rodger Anderson
Wayne D Anderson
Nate Andrews
Mike Archer
Chad Arko
Jesse A Bartlett
Jeff Beha

George Benedetti
Jesse Benedetti
Mike Bettinson
Bishop Bielec
Bob Blair
Tim Booser
Kurt R Boyd
Frank Boyle
Ron Brooks
Mike Brown
Ryan Browne
Rory Bryant
Jim Burbery
Bob Burnett
Patrick Calcote
Eric Carlson
Ryan Carter
Gary W Clausen
Jim Clem
Cami Coers
Brad Conn
Carlton J Cooper
Jose A Cosme
Kim Cox
Tim Crepeau
Kevin Daling
Pat Davis
Stephen L Davis
Bruce Davison
Larry Delaney
Pete Doumit
Shannon R Downing
Rex M Easley
Brian Eisenbarth
Aaron Elway
Lem Elway
Brandon Esparza
Scott Estes
Mark Everhart
Joe Faccione
Jim Fairweather
Kevin Fennell
Mike Finnegan
Brian Fischer
Conor Fish
Peter Frentzen
Mike Fridrich
Jason Frost
Bob Gallaher
Robert Garcia Jr
Darin Gardner
Richard Garza
Ed Gay
Kevin Gillispie
Keith Gradwohl
Tim Graham
Gary Groenen
Robert Haensel
Merle Hagbo
Joe Hallead
Kim Hammons
Gary E Hatch
Larry Heinz

Dan Hollod
Randy K Huey
Jay Hultberg
Steve Huylar
Ryan Ingram
John Jackson
Ben Jacobs
Wade Janssen
Willie Joe
David J Johnson
Greg Johnson
Leon (Jim) Johnson
Gary Jonas
Larry Jones
Phil Jones
Dennis Kiefer
Todd Kirk
D Scott Knight
Mike Kreuch
Eric Kuntz
George P Kuth
Levi Lacey
Jason Landram
David Larson
Gary Larson
Jeff Leavitt
Bob Levitin
Gary Lewallen
Matt Lewallen
Francisco V Lopez II
Joshua G Luebke
Mike MacCulloch
Jason Mackey
AJ Marquardt
Quinn Marshall
John T Martin
Mark P McCallum
Larry McCutcheon
Todd McDougall
Rick McGrath
Gary McGregor
Pat McGuire
Ed McNamara
Michael F McRae
Scot Meeker
William Melton
Gilbert Mendez
Charles Kelly Miles
Michael L Mills
Jim Moehrle
Michael Moeller
George Monica
Paul Moody
Brett R Muche'
Steven FX Naccarato
Chad Nasinec
Jim Newby
Craig Nighswonger
Shane Nixon
Darin D Nolan
Neil P O'Brien
Dave Olson
Pete Orgill

Manuel Ortiz
Arthur E Osmundson
Jason Parsons
Ed Paulter
Dan Percifield
Randy J Phillips
Todd J Phillips
Jerry Powell
Brad Quarnstrom
Jeff Rashoff
Jason Reich
Fred Reiss
Kirk Rembold
Don Ressa
Rory Rickard
Roy Rojas
Jon Rooklidge
Steve Roth
Scott Rowland
Paul B Sanders
Tim Sanders
Brandon Schmitt
Bill Segerman
Clayton W Simmons
Jacob Simmons
Korey Sites
Gibran Smith
Dustin Snediger
Paul J Sopak
David M Sparks
Kyle Sprague
Ryan Springer
Mike Staton
Mike Steberl
Brent Stenman
Sara Stewart
Michael B Stoddard
Jerry Striegel
Jake Stueckle
James Tamez
John Tarman
Virgil Taylor
David Tempel
Dan Thompson
Mark Thorpe
R Scott Tibbling
Wyatt Tonkin
Moses Tovar
David J Traver
Kerry L Tupper
Justin Turner
Paul Valdez
Paul Van Pelt
Daniel Vander Kooi
Velko Vitalich
Glen Walker
Tom Walker
Bill Walker Jr
Bill Walker
Jim Waller
Mike Walter
Zak Webb
Jamie Weeks

Jeff Weible
W Dave Wensveen
Mark T Wheeler
Quintz Whitaker
Mike Williams
David Wilson
Bob Withrow
Ryan K Yingling
Roy J Young

Basketball - Boys

Tom Adams
KC Ahrens
Kentin Alford
David F Alwert Sr
Nick Amrine
Rico Ancheta
Justin Anderson
Jim Andrew
Larry Arlint
Garry F Arnold
Kevin Ashe
Joshua Auckland
Mark Avey
Bill Bakamus
Matt Ballance
Mark Bannish
Matt Bannish
Chris Barthlow
Dan Bass
Brandon Beeman
Richard Belcher
Lindsay Bemis
Bob Benson
Michael Bethea
Rob Birdsell
Tim Black
Chris Blake
Stanley Bluff Jr
Leonard Bone
Tyler Borden
Darren Bowden
Dennis Bower
Scott Boyce
Bart Brandenburg
Evan Bratz
Joshua M Brooks
Nathaniel Brost
Arnold K Brown
Cliff Brown
Lonny Brown
Matthew J Brown
Ron Brown
Roy Brownlee
Jeff Bryson
Mike Buchholz
Doug Burge
Chris Burman
John Callaghan
Scott Campbell
Mike Carlquist
Gary Carter
Greg Cheever

WSCA MEMBER COACHES BY SPORT

Dwayne Anthony	Joe Harris	Lanny Ledeboer	Scott Parrish	Jay Staggs
Chisholm	Stan Harris	Brock Ledgerwood	Gary Peasley	Rex G Stanley
Kurt Clemmens	Bill Hawk	Eric Lefstad	Andrew H Pederson	Tony E Stoddard
Jerry Clyde	Bruce D Hayes	Kyle A LeMay	Tiger Peone	Bryan Streleski
Don Coltom	Wayne Hayes	Bradyn Leyde	Ryan Peplinski	Glenn A Stump
Tony Conti	Ben Hazelwood	Bill Liley	Ed Pepple	Bob Swannack
Ric Cook	Skye Heaton	Bruce A Lindell	Jose A Perez Jr	Eric Swanson
KC L Craven	Ben Heimerman	Ron Livingston	Wade Petersen	Torey Swanson
Mark Crawford	Mark Hein	Mark A Lovelady	Frank Petrino	Mark W Swartout
Bernard Daos	Dan J Helms	Greg Lowell	Dwight Pflugrath	Mike Taggart
Gregory DeJardin	Larry L Helms	Mike Lowery	Garrick Phillips	Larry Taylor
Bryan DeLong	Michael E Helms	Bill Lundberg	Gail Pintler	Miichael J Thacker
Adam Desautels	Phil Hergert	Al Lynch	Seth Powers	Thomas M Thoenke
Gene Dettorre	Rod Hergesheimer	Dale W Macomber	Marvin Prince	Howard Thoenke
Jason DeVere	Chad Herron	Brian Macy	Travis Radich	Pat Thomas
Dave Dickson	Levi Heyen	Tim Malroy	James W Ramsey	Robert S Thomas
Lucas Dobbs	Scott Hirz	Ken Martinson	Jesse Reeves	Robert W Thompson
Michael Dorman	Chad Hoidal	Ryan Mattson	Marty Reid	Rodney Thornley
Shawn Dotson	Jim Horan	Brian P Mayer	Kevik Rensink	Ron Thorvilson
Mike Downs	Fred Horn	Paul Mayer	Doug Reppe	Mike Tully
Jeff Drinkwine	Dave Howard	Gil McCargo	John E Richardson	Don Van Lierop
Waylon Duncan	Robert W Hudkins	Steve C McCary	Steve Riedeman	Don W Vanderholm
Warren Dunlap	Paul Hudson	Lyle McIntosh	Peter Riehle	David H Vaver Jr
Kenneth W Durham	J Jacob Hunt	Rob McMains	Ben Riipi	Rocky Verbeck
Sc ott Dwight	John Hyppa	Earle W McWright	Ryan Robertson	Eugene Victor
Mark Edwards	Ken Iverson	John Medak	William H Rodgers III	Mark Wagner
Duane Erickson	Rod Iverson	Kevin D Medved	David A Rodriguez	Darrell Walker
Steve Eskridge	David Jamison	Kipton Glenn Meinhardt	John J Rogers	Larry Walker
Peter Esser	Mark Jensen	Jeff T Menday	Mike Rogers	Rick Walker
Gary Evans	Brent Johnsen	Bill Mendelson	Kevin Rohrich	Rolland Wallace Jr
Brandon E Evenson	Kevin Johnson	Brian Meneely	Tim Roloff	Zach Ward
Brett Fancher	Seth Johnson	Scott Merzoian	Brian Roper	Steven R Watson
John Felton	Stephen R Johnson	Ben Miller	Cameron L Ross	Dwayne Watts
Chris Ferenz	Thomas G Johnson	Darrell Miller	James Rowe	Don Wendt
Chris Ferrier	Scott A Justus	John Miller	John K Ruby	John Weston
Steven D Fink	Jan Karnoski	Doug Minnich	Ken Ryan	Ken Weyrick
Pat Fitterer	Bill Kelly	Don Misner	Luke Salme	Eric Whitemarsh
John Flaherty	Tim Kelly	Scott Moe	Randy Sandberg	Kendrah Wick
Daniel Fountain	Andrew Kernutt	Larry Mollerstuen	Mark Schelbert	Dan Williams
Tyler Francis	Jason Kerr	Brent Monroe	Corby Schuh	Hal J Williams
Mac Fraser	Nicholas L Kheriaty	Dean Montzingo	Brad Schultz	Jerry Williams
Cameron Fry	Mike Kilcup	Brent Moon	Don Schumacher	Mark Williams
Tim Gaebe	Joe Kinch	Dennis Moon	Jeff Scott	Jim Willie
Roy Garcia	Randy King	Bruce Moore	Andrew M Sears	Mike Willis
Greg Gardner	Ron King	Darren Moss	Ron Sheets	Bradley E Wilson
Scot Gause	Jon Kinloch	Deon Moyd	Matthew D Shouse	Jim Wilson
Cass Gebbers	Brian Kissinger	Rodger P Mulholland	Stephen Sibley	Kyle Wilson
Mike Giusti	Jon Klarich	Pat W Mullen	Bruce R Siebol	Timothy E Wirkkala
Al Gleich	Steven Kloke	Mel Nance	Ed Simmons	Elmo Wise
John P Golden	Blake D Kluse	Aaron C Nations	Lee Sinnes	Bob Wolf
Denny Gowan	Wade Knowles	John A Nelson	Matt Sinnes	Victor Wolffis
Curtis R Graff	Kevin Koch	Ron Newton	Larry Skogstad	Duke Wood
Rob Gray	Matt Koehnig	William Nickell	Rick Sloan	Jason A Wood
Don Green	Jim Koetje	Ronald N Nilson	David Smethers	Jeff Wright
Thomas A Griffith	Mike Koon	Chris Oatis	Mike Smith	Gary Wusterbarth
Rich Gwinn	Jonathan Krebsner	Devin O'Brien	Scott C Smith	Mark Young
Les Hagen	Scott Kreifels	Kevin Oglesbee	Ted Smith	Jerry Zander
Gregory J Haglund	Kim W Kruger	Aaron Oldenburg	Mike Smithee	Kenneth C Zentz
Duke Hammond	Ray LaBate	Barry Olson	Suzan Snow	
Duke Hammond	Jeremy Landram	Kevin Olson	Roger Sonderland	Basketball - Girls
Richard Hanley	Marc Larrabee	Dave Olzendam	Nalin Sood	John Ainslie
Rolland Hansen	JD Larson	Dennis Oman	Scott R Soule	Lori Ainslie
Cliff Harris	Peter J Larson	John Ott	Josh Stacy	Sherry Allen

FOR YOUR INFORMATION...

WSCA MEMBER COACHES BY SPORT

David R Andersen
Brenda Anthony
Darryll Antisdell
Paul Antonavich
Anthony T Ashley
Allie Bailey
Matthew J Bajo
John Barhanovich
Danny M Beard
Ray Berg
Steven C Berg
Tom Betrozoff
Amanda Bierlink
Michael Birch
Jeanne Blair
Robert B Boback
John Bonner
Jeff Boothe
Gale R Bridges
Todd Brink
Rich Bruns
Ben Bryson
Jenifer Burnes
Beth Campbell
Bruce W Carlson
Daniel E Carlson
Darcy L Claus
Chris Cloakey
Robert P Coulter
Tony (Skip) Crater
Dayle Crockett
Al Darnielle
Kristen Davis
Jessie Farias DeForrest
Curt DeHaan
Lacey DeWeert
Chad Dezelle
Cully Donovan
Robert Dow
Paul Dretsch
Regan Drew
Pattie Eagon
Ann Marie Edburg
Randall Edens
Katie Edmonds
Everett Edwards
Wayne T Edwards
Kristina Eller
Steve Epperson
Craig Faire
Greg Farias
Glen Flanagan
Eric D Fletcher
Connie Fow
Pete Franett
Kirsten Froid
Jack Fruitman
James Getzinger
Penny Gienger
Bart Gish
Suzanne Goplen-Dean
Mike Grady
Tanya Greenfield

Chris Griffiths
Karen L Grimsley
Bill Guertner
Dale Harper
Darlene Harris
Jessica Harris
Shiree Harsh
Brian Hatcher
Robert W Hayes
Brett Hecko
Amy Hendry
Keith Hennig
Marsha Jo Hershey
Brian Hill
Marc Hillestad
Carla Hoines
Cheryl L Holden
Susan Holmes
Steve Hook
Chet Hovde
Janice Huddleston
Alicia Hulse
Donna Hutchinson
Tammy Hutchison
Steve Jacobson
Ashley Jones
Mark A Jones
Randy Jones
Steve Jones
Kim Karnofski
Kirsten Keljo
Elizabeth A (Betsy) Kelly
Tom Kelly
Donald E Kemper
Tracy King
Kellie Knauss
Jeffrey D Kurbis
Alfred J Lacro
Kim Lankford
Rahnie Lee
Maria Lefler
Mike Levant
Dane Lewman
Lori Loera
Bob Lucas
Eric R Lunden
Paul Malisani
Kurt Martin
Brenda Jo Mason
Kirston McBride
Mark McCoy
David L McEachern
Gilman McKinnie
Wayne D McMaster
Jack D Mehn
Jill Meliah
Bruce Miller
Megan Moan
Terry Moran-Hodge
John Muchlinski
Mark Neuman
William Nicholson II
Dennis Olsen

Karin M Olson
Mandie Olson
Christie Osburn
Joseph H Outhwaite
Phil Owen
Ronald E Palmer
Jon Pannette
Steve Perez
Doug Philen
Pete Philley
Connie S Pilon
Jamie Prescott
Marla Quesnell
Darin Radke
Crystal R Ramos
Eric Rasmussen
Kevin E Rawie
Jim Redmon
Linda Reister
Russ Riches
Ken Roberts
Lois J Roberts
Jami D Robertson
Nancy Roegner
Betsy Romine
William Cory Ross
Mike Ryan
Robert Sandall
Sandra Savage
Mr Jody Schauer
Shane Schutz
Bradley R Scott
Laurie A Shaw
Wallace Shearer
Scott Simmons
Paul K Slager
Al Smeenk
Lindsay Smith
Sarah M Smith
Gerald W Smoot
Scott Spencer
Ron Strode
Matthew R Strophy
Kevin Strozier
Jeffrey Stuart
Katie Swan
Tami Takata
Sara Tempel
Elizabeth Tender
Jamie Tender
Nicole F Thomas
Jeannie Thompson
Toni Thompson
Ronald J Tinnin
Crystal L Titus
Matthew D Tollett
Andrea Vancil
Dave Vernon
Clark Vining
Val Von Lehe
Chris Walster
Carin Waters
Doug Watson

Jay Webber
Karin Weberg
Colleen M Wells
Mark Westley
Roger Westlund
Tom Whitmore
Cris Willmarth
Gary A Wilson
Brady Wiltbank
Perry Winkle
Derek Witt
David Woods
Evan Woodward
Vera Y Wright
Mike Yarnell

Bowling

Billy R Brice
William L Foster
Kathy Hamill
Ronald L Hicks
Loree Hippe
Carolyn Johnson
Kathy Marquard
Julie McKeown
Jody Olson
Christina Peabody
Ken Richardson
Kathy Scalesse
Michael A Skeie
Dan Stevenson
Kristy Whitcher

Cross Country

Kathleen Alkire
Robert Allan
Jason Allaway
Rick Ames
Mark Anderson
Dan Baker
Bradley Barquist
Malcolm S Bates
Rick Becker
Dave Beeler
Steve K Bertrand
Jim Berwold
Traci Bianchini
Eugene Blankenship
Andrea M Boitano
Craig L Bowen
Cathy Boyce
Richard Brown
Robin Bryson
Jennifer Carpenter
Bob Carson
Shannon Casey
Cliff Chaffee
Greg Chapman
Loren Childers
Joe Clark
Jill Cole
Curt Corvin
Bill Costello

Amber Cruzan
Mark Cullen
Allen W Culp
Misha Dacy
I Scott Daratha
Gary Darnold
Michael Dean
Bradford L Donovan
Mary M Downey
John M Durheim
Robert Eichelsdoerfer
Susan Elliott
Matthew J Ellis
Phil English
Schlaylee Esparza
Paula J Everdell-Brown
Joe Feryn
Robert M Fiorito
Sarah Fox
Hugh B Franks
Doug Fulton
Johnny R Garcia
Robin Garrison
Kevin Gary
Steven Gjefle
Ernie Goshorn
Tonian Gray
Mike Hadway
Candace Hammer
Jeff Hashimoto
Josh Hayes
Caryn Heffernan
James B Hewson
Erica Hill
John Hill
Bryan E Hoddle
Lee Hodin
Ken Hoerath
David R Holmes
Michael Holz
Howard Hosley
Gwen Hundley
Greg Isham
Robert D Isitt
Harlan C Jackson
Shelby Jacobs
Dean Janz
James Johnson
Kathy Johnson
Kendall C Johnson
Paul E Johnson
Donna Jorlin
William S Kehoe
Karen Kelly
Terence R Kelly
Bill Kemp
John Kerr
Mark Kerr
Richard La Londe
Sarah Lamb
Cathy Lane
Nick Lazanis
Darrell J Lee

FOR YOUR INFORMATION...

WSCA MEMBER COACHES BY SPORT

Rick Leighty
Charles LeWarne
Patty Ley
Jean Licari
Jennifer Little
Michael C Locati
Steve M Lynch
Shannon MacKinnon
Ben Mangrum
Giana Marquardt
Kristin Martin
Stacey Martin
Michele Mathay
Lori K Matthews
Dave McCarty
R Bruce McDowell
Kristin E Metcalf
David T Miller
Jack Moir
Jamie Monroe
Jonathan Murray
John P O'Leary
Jim Oliver
Meagan Ozinga
Daniel G Parker
Erin Parker
Diana Partida
Kenneth Paul
Erik Peterson
Wes Player
Darren Postma
Martin Prehm
Allison Preisinger
Matt Rexus
Stephen Roberts
Gwen Robertson
Dave Rockstrom
Ruth Royer
Paul Ruston
Jack Rutter
Liz Sadler
Julie A Saffley
Daryl Schruhl
Doug Schupbach
William J Schwall
William (Tom) Scott
Katie Searle
Mike Shaw
Dennis Sheline
Susan Sheline
Michael C Shierk
Andrew M Slatt III
Edward T Sloan
Jeff Sowards
Tom St Clair
Laurene Stepan
Bill Sumner
Shaun Suss
Toby Swanson
Cindy Swenson
Rich Swiergula
Sarah Taylor
Kebra Thompson

Heidi Tutt
Susan L Valdez
Mark Vandine
Mary Jo Veneziani
Marc L Wakeley
Lacey Way
Rod Wilcox
Joel Wingard
Howard Wood
Kevin E Wright
Susan Wright
Michael Yee
Cheryl L Yoke
George Zelenak
Paul Zimmer

Cheer

Lori K Adkins
Blair N Akiyama
Karissa Alwert
Travis Anderson
Rebecca Andros
Teena Barnes
Leslie Barrett
Jenny Beste
Tanica Blackwell Wittig
Karli Blagg
Megan Botnen
Trisha Bradley
Kerry Briggs
Angela M Campbell
Mikey Carlile
Mackenzie M Charvet
Connie L Claybo
Reagan Coffey
Brenda Conner
Laura Couty
Kathy Crowley
Laurie Darrow
Terry Dixon
Toni Dudley
Nancy Ellen Elster
Kelly Fennell
Nancy Garr
Andrew Gault
Dawn Geyer
Robin Gohn

Kristin Hamilton
Donna Harris
Sara Harvey
Marilyn Haskins
Kathey Hatfield
Pamela Headridge
Erin Hogue
Doris Hominda
Tyler Janes
Kim Kawachi
Cindy Kehl
Jeanne L Kelly
Caitlin Kepler
Michael Lawrence
Pegi Littlejohn
Kim Mayer
Renee McCormick
Jacy McEvoy
Amy McMillen
Tammy M Melhart
Lindsay Mequet
Shara Lee Mintonye
Joy Moniz
Jenni Mullin
Lindsey Neff
LaDonna Nelson
Nanette Nelson
Cindy Pardee
Brittney Pence
Michelle Peters
Tiffany Phillips
Heidi L Pike
Samantha Pleitez
Katie Richards
Jennifer Rinard
Jennifer Roddel
Brisa Romero
Teri Rowe
Arla Ruiz
Angelique Short
Jessica Sims
Roberta Sims
Patsy L Soliday
Melva St George
Elizabeth Steffen
Nancy L Stover
Abby Tate

Teresa Thaelke
Christiann Thomas
Ronda Thomas
Troy Thomas
Karina Tobin
Joni Tommerup
Teresa Troxell
Roger Tutrow
Cheryl Uceny
Heidi L Uher
Bonnie S Walker
Lauren Walters
Sue Ward
Ashley Wayenfuhr
Tonia Waymire
Katia Wheeler
Sue White
Sheri Wilcox
Amber Winsor
Katrina Wyman
Lisa Zanol

Dance/Drill

Lori J Baker
Kimberly Bates
Rebecca Beardsley
Margorie Bradley
Linda Brownlee
Tina Castro
Cindy Charboneau
Brenda Coomes
Andrea Dalry
Kecia Daos
Kristen Doyle
Patti C Elder
Jennifer English
Tamara Falls
Tiffani Fuller
Marie Galey
Sharon Gill-Rogers
Tina Gore
Kate Grieve
Melodie Griffin
Kim M Hille
Melanie Hingston
Maureen Huff
Christine Jackson

Brandee Jamison
Debbie Kehrer
Tammy Kelly
Jennifer A King
Annette Kingsbury
Lara Lindersmith
Jancey Marsh
Endelia (Anna) Martinez
Tina Mendez
Kerri Miller
Natalie Moseley
Jane Olsen
Kimberly Parker
Susie Perry
Paula Perryman
Claudia Root
Donna Schubert
Becca Schwan-Story
Ashley Schwehr
Elizabeth Stiles
Sue Strong
Tracy Theriault
Darcy Wells
Teresa Wendland
Patti Williamson
Deborah Yearsley

Football

Dick Abrams
Leonard E Abrams
Donald L Adams
Greg Adams
Jay Adams
Tom R Ainslie
Elia Ali'ilima-Daley
Jason Aldrich
Eddie E Aleaga
Bill Alexander
Bryan Alexander
Pat Alexander
Wiley Allred
Michael Allton
Scott D Almquist
Nicholas J Aloisio
Robert A Ames
Fred Amrine
Steve Anderson

MOVING?

If you have any change of mailing address, telephone number or email address, please contact WSCA Office at jparrish@donobi.net or 1-800-441-7776.

We have had several examples where members have not been receiving their *Washington Coach* magazine and other WSCA mailings. Because of the cost, we mail third class and the Post Office **DOES NOT FORWARD** third class mail.

Please notify us so we can get the mailings to you.

FOR YOUR INFORMATION...

WSCA MEMBER COACHES BY SPORT

James C Andrews	Lincoln M Bryant	Joshua Dabbs	Mickey Fowler	Ryan Helms
Clayton Angle	Steve Buckingham	Dennis Dahl	Richard K Fox Jr	Tim Henderson
Jeff Armstrong	Justin Buckner	Joey Dame	Dana Fraser	Randy Hendrick
Arnoldo Arostegui	Jim Burgoyne	John Daniels	Steve Frease	Geoffrey Hensley
Clint Avery	Bob Burmeister	Brian Danielson	Jason Frederick	Perry Herbst
Kyle Axelson	Andy Bush	Kevin Darcey	Karl W Freeman	Mark Hester
Michael Ayling	Chris Bush	Robert Darin	Thomas Fridge	John Hietpas
Daniel J Baddeley	Jesse Bussanich	Jon W Davidson	Rob Friese	David Hill
Brian Bailey	Mark Butner	Anthony Davis	John T Fullerton	Jim Hill
Tom Bainter	Ryan Butner	Matthew Davis	David Galbraith	Matt Hinkle
Aaron Barcot	Shane Byington	Steven Davis	Mike Ganey	Rob Hinkle
Brad Barnes	James M Bynum	Steven J Davis	Chris Gervais	Ross Hjelseth
Christian Barnes	Tim Cabe	Robert Detweiler Jr	Scott Gervais	Wes Hobbs
Chad Barrett	Joe Cail	Robert Detweiler Sr	Steve Gervais	Tyler Hockaday
James Barth	Boyd J Calder	Wayne Dickey	Jason Gesser	Michael Hodgins
Jeff Bartlow	Felix Calzada	Bill Diedrick Jr	Rick Giampietri	Roger Hoell
Tom Bate	Kevin Campbell	Terry Dion	Samuel D Giampietri	Linda Haerling
Jed Bauermeister	Eric Canton	Vincent DiPinto	John Giannandrea	Don Hoffman
Todd Baun	Yogi Cargill	Scott Ditter	Dan Giuliani	Mike Hofheins
Miguel A Bazaldua	Charles W Carlson	Sean Doebele	Michael R Gobel	John Hogg
Bill Beattie	Jay Carlson	Ron Dorothy	Kevin Goetz	Ivor Hoglund
Tracey Bechtholdt	William S Carpenter III	Casey P Dorrel	Santiago Gonzales	Don Hogue
Mark Beddes	Jose Carrasco	John Draper	Eric Goodman	Dan Holden
Charlie Bell	David T Carson	Gunnar Drew	Eric Gough	Richard Holestine
Matthew R Bell	Jim Carter	Terry Duncan	Scott Grabenhorst	Wayne Holmgren
Richard R Bell	John Carter	Brian Dunn	Steve Graff	Ted Homme
Chris Benson	Tony Carter	Jason Dunnagan	Dan L Graham	Mike Honeycutt
Eric Berg	Sean Carty	Brad Durham	Patrick Graham	Clark H Hoover Jr
Larry Berg	Jeff Chandler	John Durham	Dean Gray	Hoover L Hopkins
Thomas Berg	Bradley C Charvet	Steve Eacrett	Garren Greenleaf	James A Hopkins
Chris Berggren	Devin Chavez	Clay Eastly	Mark Greenleaf	Clarence Hough
Jason Bergman	Kenneth Cheeseman	Jeff Eaton	Todd Griffith	Jeff Housman
Steve Bernard	Michael S Chester	Lonnie R Eaton	Tom Griggs	Kelly Howell
Jason Betts	Jim Chesterfield	Kenneth W Elder	William D Grigsby	Jeremy Hubbard
J Craig Beverlin	Rob Choate	Gordon A Elliott	Jeremy Grillo	Ted Huber
Ted Beyer	Paul Christianson	Robert D Ells	Andy Grimm	Rachel Huey
Mark Bigger	Rick Clark	Fred Emerson	Hal Gronseth	Dave Hughes
Don Blacker	Robb Clark	Grady Emmerson	James M Hadland	Jake Huizinga
Ben Blankenship	Joseph J Clay	Delbert C Enders	Dennis Hagan	Jason Humphrey
Richard Bloomhuff	Mike Clayton	Jason A Eng	Daniel S Hage	Lance Hyatt
Richard A Boesiger	Don Clegg	Denny Engberg	Matthew S Hage	Mike Hymes
Curtis E Bogan Sr	Keith Clevenger	James J Engstrom	Kyle Hagman	Pat Hymes
John J Boitano Jr	Casey Clinch	Joe Ennis	Andy Hall	Tom Ingles
Edward W Bomber	Matt Clouse	Bob Enos	Glade Hall	Zena Ingles
Alan W Bond	Eric Collins	Rod Enos	John Hallead	John T Irvin
Scott Bond	Tim M Connors	John Enslow	Kyle Haller	Daniel Irwin
Norman L Bonson Jr	Jason M Cooper	Mike Ernaga	Brian Hamada	Vince Ivelia
Travis Boortz	Gary L Core	Allen Esparza	Luke Hamada	Chrisopher M Jackson
Robert Booth	Randy Cornwell	Bill Evans	Joseph J Hammer	Bill Jacobs
Mike Bos	David L Coulson	Dan Eyman	Kevin Hanis	Brent Jansen
Eric Boswell	Jay Covington	Kenneth R Fagan	Eric Hansen	Jerry Jantz
Jay Boughter	Duane M Cromwell	George W Fairhart	Ken Hansen	Brett Jay
Bob Bourgette	Joe Cronin	Gary Farris	John R Harkness	Jerry Jensen
Patrick Bowe	Mark Cross	Rick Feller	Phil Harlan	Terry Jensen
Gene S Bowen	Michael F Crotty	Dan Fenner	Eric Harlington	Gary Jimenez
Richard A Boyle	Dustin Crowe	Nicholas Ferguson	George E Harris	Rob Johanson
Dan Briones	Jared W Crum	James F Ferster	Brandon Harting	Kelly John-Lewis
Matt Brkljacich	Ralph L Cubit	Adam Fisher	Roger Haug	Joshua R Johnson
Roger A Brodniak	Dave Curtis	Ed Fisher	Steve Hauger	KC Johnson
Bruce E Brown	Doug Curtis	Michael N Fisher	Jay Hawkins	Kevin F Johnson
Curt Brown	Kathleen S Curtis	Rod Fletcher	Todd Hays	Leonard Johnson
Gary E Brown	Michael E Curtis	Myron (Ted) Flint	Bill Heglar	Rick C Johnson
Rick Brudwick	Trevor Curtis	Jerry Fong	John Heikkila	Wayne Johnson

FOR YOUR INFORMATION...

WSCA MEMBER COACHES BY SPORT

Richard N Johnson Jr
 Bob Jones
 Devin Jones
 Patrick Jones
 Aaron Joseph
 Dino Josie
 Rod Kammenga
 Bill Kamp
 Todd Kamps
 Karl L Kearney
 W Bryan Keatley
 Mark Keel
 Steve Kent
 Jerry Kiekow
 Ty Kime
 Tim Kindle
 Jerry C King
 Pat King
 Todd Kinley
 Charlie Kinnune
 Robert K Kirk
 Greg Kittrell
 Brian Koch
 Chris Koester
 Wade Koglin
 Monte Kohler
 Jacob Kon
 Edward J Kramer
 Myron Kramer
 Curt Kramme
 Mark Kreutz
 Carey T Krumsick
 Eric Kurle
 Bryan LaBelle
 Dustin E Lamb
 John Lambert

Dick Langum
 Thomas E Larsen
 Paul Lawrence
 Matt W Leamer
 Darrin R Leber
 Richard V Ledford
 Alan C Lee
 Clifford W Leeson
 Herb Lehman
 Scott Leick
 Todd Leick
 Andrew Lemiere
 Ron Lepper
 Leon D Likens
 Kenneth R Lindgren
 Mike Lindsay
 Kelly Linehan
 Alex Logan
 Frank Lopez
 Salvador Lopez Jr
 William Lucas Jr
 Ed Lucero
 Bob Lucey
 Craig Lukins
 Ed Lundberg
 Larry Lunke
 Howard Lutton
 Trevor Lyle
 Jeff Lynass
 Michael D Lynch
 Aaron Machart
 Daniel J Mack
 John Mack
 Scott Magnaghi
 Neil Magnuson
 Tim Maher

Gary Manus
 Josh Markey
 Gilbert Marquez
 Marty Marquez
 Mark S Marro
 Bill Marsh
 Allen Martin
 Saul Martinez
 Adam C Mathieson
 Austin Matson
 Wayne Maxwell
 Kevin McAfee
 Ryan McCallum
 Andrew S McClure
 Jim McCuen
 Kory McElravy
 Douglas R McGill
 Darren McKay
 Mike McKay
 Scott McKay
 Shawn McKay
 JL McKinstry
 Matt McKinstry
 Jason McLean
 Bill McMahan
 Greg McMillan
 Jack McMillan
 Kevin McNulty
 Darby Meade
 John Meagher
 Michael P Mele
 Michael T Merrill
 Darren Mezger
 Eroll Miles
 Dave Miller
 Michael D Miller

Roger A Miller
 Tyler Miller
 Joseph W Miller Sr
 Jay A Mills
 Eric Milyard
 John M Mitchell
 Mark Mochel
 Sean Monica
 Andrew Monsen
 Edgar Moore
 Richard A Moore
 Kyle M Moran
 Robert Moretti
 Bob Morgan
 Mike Morgan
 Matt Mueller
 Tom Mueller
 Ken Muhlbeier
 Nicholas J Mullen
 Jeff B Mullin
 David Murphy
 Pat Murphy
 Matthew Muxen
 Brian Myers
 Dennis R Neely
 Kelly F Neely
 Daniel J Nelson
 Eric Nelson
 Jeff Nelson
 Wayne Nelson
 Ron Ness
 Kent Nevin
 Phil Newburn
 Marc R Niemeyer
 Eric J Nikkola
 Chris Nofo
 Rex Norris
 Dan Novick
 Ryan Nygard
 Tim Odell
 Bill Ogle
 Travis Ohlde
 John O'Leary
 John W Olson
 Mike Olson
 John Ondriezek
 Rob Oram
 Daniel Orm
 John O'Rourke
 Kevin O'Rourke
 Marty Osborn
 Paul Osborne
 Arnie Otterbeck
 Tim Otton
 Don Papasero
 Jerry Parrish
 Rocky Patchin
 Kevin Patching
 Joseph H Paul
 Chris Paulson
 Doyle Payne
 Kevin Pedersen
 Roger L Perkins

Shawn Perkins
 Ty Perkins
 Mark Perry
 Ron (Bubba) Peters
 Erik Peterson
 Bill Peterson
 Rob Petschl
 Mike Pfeifer
 Kurt Phelps
 Brad Phillips
 Trevor Phillips
 Tom Picha
 Gordon Pitts
 Jeremy T Pledger
 James M Plenkovich
 Barry Poffenroth
 Glenn Poland
 Jared Pope
 John Portenier
 Chad Potter
 Peter A Pratz
 Andrew M Prein
 Doug Preston
 David Price
 Lyle Prouse
 Todd Puckett
 Phil Pugh
 Robert Quiles
 Edward J Rafferty
 Jonathan (Taz) Randall
 Vic Randall
 Gary Rasmussen
 Brian Raupp
 Ron Redden
 John R Reed
 James Reese III
 Steven E Reeves
 Mark J Rego
 Spencer A Reiboldt
 Robert Reid
 Barry Reifel
 Frank Reno
 Darin Reppe
 Mark Resnick
 Jeff Reyburn
 Vic Reykdal
 Doug Ricard
 Reed Richardson
 Kevin Ridout
 Darin Ringenbach
 Paul Ringstad
 John C Robak
 Casey P Robbins
 Mike Roberts
 Dan Robertson
 Travis Robinson
 Barry Rodland
 Hildo Rodriguez
 Ron Rood
 Rick Rowland
 Ryan Russell
 Mazen I Saade
 Asosa Sailiai

RATES

If you would like to advertise in the Washington Coach, check out our rates!

Full Page	4 Issues	\$500.00
½ Page	4 Issues	\$320.00
¼ Page	4 Issues	\$200.00

1, 2 or 3 issue rates are also available.

Contact Barb Johnston at 425-334-2760 for additional information.

FOR YOUR INFORMATION...

WSCA MEMBER COACHES BY SPORT

Thomas Sanchez
J David Sandefur
William R Sargent
Rick Sassara
Jeff Sawicki
Darrin L Scheffer
Edward Scheidt
Michael H Schick
Jeff Schmidt
Bryan Schneider
Ben Schuldheisz
John E Schultz
DJ Search
John R Selland
Greg Sevigny
Dan Shamseldin
Jim Shapiro
Jim Sharkey
Brady Sharpe
Denis Shea
Bruce Shearer
Steve Shoun
Jeff Shumake
Dennis (DJ) Sigurdson
Randy Silva
Casey Silverthorn
Ryan Simmons
Dwane A Sitrler
Jason Slagle
Gary Smart
Craig M Smith
Don Smith
James Smith
Russell L Snelson
JR Snider
Dave Snyder
Dave Snyder
Nick Snyder
Will Snyder
Tim Sokolik
Troy Sommerville
Benji Sonnichsen
Will Soren
Ryan Sorensen
Michael Spears
Dave Spray
Keith Stamps
Tony Stapleton
Steven Stebbins
Frank Steele
Brandon Stell
Cameron Stewart
Mark Stewart
Scott Stiles
John Stilson
Thomas J Stopperan
Gene Straghn
Bryce Strand
Rick Stubrud
Zach Suderman
Arnie Sullivan
Greg Sullivan
Fred Sunday

James Sutrick
Brad Swensen
Darren Talley
Del W Talley
Joe Tanasse
Vince Tarsi
Randy Taylor
Levi Teasley
Dan Teeter
Bill Templeton
Jayaboa Thangeo
Daniel M Thew
Jordan Thomas
Brett Thompson
Mark Thompson
Bruce E Todd
Todd Torgeson
Louis Torres
Tim Tramp
Dennis D Traver
Christopher R Treat
Thomas Tri
Andrew B Troxel
Jerry (Jay) Turner
Wayne D Turner
Keith Uhlinger
Tony Umayam
Jason Urlacher
Jeff Ursino
Chris A Utt
Stephen J Valach
Gary Van Velson
Al Vance
Kash VanCleaf
Raymond VanKat
Mark Venn
Michael VonRueden
James D Walker
Art Walsh
Brandon Walsh
Thomas M Walsh
Joe Walter
Bill Ward
Chad Ward
Dave Ward
Hans Warkentin
Rick Weinbrecht
Melvin Wells
Phillip Wendell
Tom Wetterauer
Bill Wheeler
Brent Whitaker
Neal White
Henry C Whitehead
Matthew Whitmire
Greg L Whitmore
Craig Whitney
Kevin Whittall
Lewis E Widmann
Randy Wiggins
Ryan Wiggins
Josiah Wilfong
Brock Williams

Corey Williams
Vernon Williams
Neil Williamson
Mike D Wilson
Scott Wilson
Jeff Winn
Randy Winters
Jason Wisor
Blake Wolf
Bob Wollan
Mike Wollan
Tom J Wolsborn
Kapena Wong
Gregory A Wonhoff
Jim Wood
Jason Woods
William E Wymer
Tom E Yearout
Marc Yonts
Jim Youman
Dick Zatkovich
Jason Zeigler
Jack Zilla
Peter Zukowski
Phil Zukowski

Game Managers

Jeni Duvall
Janae Loeber

Golf

Larry E Aliment
James Anderson
Paul Appel
Jeff Bartleson
Scott Bates
Aaron Blackwelder
Kathy Copp
JR Cox
Mike DeBruler
Bob DeJardin
Darci Desilet
Russ Dorr
Joe Dubsy
Bob Dwyer
Kirk Einspahr
Tom Ellington
Janet H Elliott
Mike Endsley
Jason M Erickson
Bryan Frost
Mark German
Don Gustafson
Dennis J Hardie
Tom Harney
Gerry O Hexum
Jane Johnson
Jason Langenbach
Jim Langenbach
Harriet Lynch
John Matzen
Mike McDonnell

Cliff McKinlay
Jeff Melvard
Juli Morgenstern
Joseph R Mutcheson
Aaron Nickelsen
Robert S Olmsted
Scott Olsen
Darrell Olson
Jim Oscarson
Larry Ottini
Larry Palmer
Michael L Patterson
Christie Peterson
George Phelps
Terri Pixlee
Dennis Rose
Gerry Salvadalena
Jack Serwold
David C Sherbrooke
Jim Smith
Darren Snyder
Jim Sullivan
Joe Thomas
Dave Uggetti
Lyle Wagner
Joel Wark
Earl Wolf
Bryan Wulf

Gymnastics

Samantha Anderson
Thor Anderson
Amy Aspinleiter
Jennifer Batton
Carrie Bemis
Carolee Bevers
Heather Bjorge
Marla Ann Boyd
Patricia A Braun
Kimberly A Brunelle
Julie Bugai
Dorinda Carpenter
Jessica Cha
Laurie L Chadwick
Kathy Crawford
Judy Cunningham
Colleen Davis
Ann M Diaz
Tracy Duncan
Cristi Evans
Robert Fenton
Ryan L Fleisher
Kimberly Fleming
Heidi Fryer
Brett L Garland
Sarah Garrett
Jennifer Genoway
Debbie Gliner
Kristina Goodfellow
Alicia Green
Farrah Griffin
Stephanie Gundel
Doriane Gunnels

Cindy Guy
Jennifer Hammond
Deborah Henrichs
Sarah Holland
Jayme Hostetter
Debbie J Hunter
Melanie Hyatt
Lee Irving
Gordan Kadric
Kim Katzenberger
Alison D Kestle
Kathleen Kirkpatrick
Yekii Killion LaNore
Leonard Lewis
Bob Litton
Kelly Loranger
Mary Lorenzen
Dustin Lybbert
Jaqueline Maloney
Karrie Marton
Kimmie Marton
Michelle McCombs
Karen McQuiston
Sheila R Moore
Laura Morceau
Deadra Navolynski
Linda Orcutt
Jerrold B Penney
Sally Poe
Dean Ratliff
Heather Renner
Leonard Riley
Susan Riley
Richard Samuels
Susie Scholes
Allison Sparrow
Megan Suarez
Ann Swiftney
Rachel Tamoyo
Breanne Tomalin
Janne Tough
Amy M Tutty
Jeanine Tyger
Amanda Workman

Fastpitch Softball

Carl Adams
Sheryl Alford
Kim Allard
Dani Baker
Kathy Ballew
Jeff Barker
Steve Barker
John Barrington
Robynn Barth
David Barthlow
P Keith Becker
Mike Benedict
Bobbi Bentley
Karin Blomquist
Jim Bone
Robert Cameron
Dan Carey

WSCA MEMBER COACHES BY SPORT

Wendy E Carroll
Robert M Case
Richard M Cieplik
Andy J Clayton
Wendy Close
Jill A Cochran
Stephen R Coomes
Daniel Davila
Lydia DeLeon
Donna Dixon
Dennis M Duffy
Gary Eby
Robert E Erickson
Marci Fankhauser
Chuck Filippini
Cheryl Anne Foreman
Don Fox
Corey Frood
Chaseley Garcia
Sharlynn Gates
Todd Gilbert
Don Gillispie
William A Gonzales
Paula Grande
Dave Gregory
Patty Griffith
Tom Harmon
Brian Hartman
Bob Hesselgesser
Gayle Hesselgesser
Holly Hilton
Mary Hirst
Bill Hobaugh
Jayme Horn
Susan Howard
Herb Hudson Jr
Jerry R Humphreys
Miranda Hysell
Doug James
Marc S Jaramillo
Michael B Jensen
Kent M Johnson
Mandi C Johnson
Melissa Kania
David L Kelley
Louis Kennedy
Kim Kirk
Brian Koller
David S Larson
Kim Lefler
Andrew Lien
George Lynn
Jamie Mack
Elizabeth Martinez
Melissa Martinez
Chris Mason
Brad McGaha
Arch McHie
Mike McMahan
Ralph Mendoza
Tracie Merchum
Teresa Messing
Amy Montgomery

Frank Moppins
Michael V Moran
Tracey Morley
Philip Moseley
Linsi Moy
Paul Nadeau
Michael Neves
Brad Nilson
Rudy Ochoa
Lisa Susan Olsen
Kim Palmer
Kyle Peacocke
Jill M Pfeiffer
Nathan R Phillips
Mark Piper
Dave Provolt
Jaclyn Ramsey
Lawrence G Reed Sr
Dennis R Riegle
Nichole Riggs
Tara Roberts
Dan Robillard
Gloria Rubio
Marci Sabin
Cherlyn Schander
Jon Schuh
Greg Seelye
Peg Seeling
Nicole Settelmeyer
Kelly Shearer
Aimee Simington-Pearce
Jeff Skelly
Randy Smith
Nancy Snyder
Dean Sorensen
Wade C Spence
JaiLynn Stoker
Judy Stumpf
Stacey Sturza
Jessica Suitonu
Tom Swapp
Des Sweeney
Julie Taylor
Mitchell Todd
Lindsey T Tucker
Dan Twiss
Bradley Ubert
Jim Van Fleet
Susan Van Wyhe
Bob Vander Haak
Judy VanDinter
Sara Vogt
Rodney M Wagar
Tim Wahl
Tammy Ward
Phil Weagraff
Bruce Welling
Terry Wilkinson
Debra Winkler
Jeff Wood
Steven M Wood
Damon Yeo

Soccer

Brad Allen
Steve G Andersen
David Anderson
Rollie Arthur
Michael R Bartley
William Beisley
Michelle Benson
Amber Bergeson
Bill Bertram
Jamie Black
Shannon Blanksma
Jan Bolson
Todd A Borak
Anthony A Braggs
Don Braman
Tammy Burrier-Gelenaw
Paul Camden
Ian Carey
Justin Carey
Robert Champoux
Ricardo L Char
Charla Cole
Peter J Collins
Tim Colvin
Ian Connell
Anthony Crudo
Jesus Cruz
Kevin J Cummings
Darren Daniels
Stephanie Darling
Emery Davenport
Heather Davis
Russell A DeFord
Annette J Duvall
Jon Echols
Lawrence P Elfering
Hollis Elliott
Christine Erikson
Lloyd Erikson
Eddie Fernandez
Jeff Flanagan
Scott Flanders
John Fromdahl
Nicole Funk
Nicole Gabelein
Carrie Gaston
Jamie E Gay
Mary Gonzalez
Kimberly Gradwohl
Janet Gwyther
Rich Hargett Jr
Dick Henderson
Jose Herrera
Leslie Hill
Charlie Hingston
Justin Hoegh
Kevin R Houston
Ashleigh Howell
Polly Hubbard
Aaron Johnson
Joe Jordan
Sare Keys

Matthew Kimmel
Michael J King
Stephen R Kirk
Dean Klepec
Peter Kooiman
Stephen T Kunkel
Phil Larsen
Alyssa Latham
Jason Lichtenberger
David R Longbrake
Meghan E Martin
Marty Martinez
Christopher W May
Robert Meeder
Alejandro Mendez
Mike Miedema
Julie Misasi
Nicole Mizuha
Jenny Narciso
Sean O'Neal
Moe Orcutt
Caleb Oten
Eric Otheim
Craig Otto
Mike Pardini
Josh Pasma
Daniel M Pingrey
Nicole Pitts
Brandi Prince
Paul Quick
Aaron Radford
Matt Raney
Pat Raney
Mike Reeder
Augustine Rodriguez
Sherri Rolfs
Gilberto C Romero
Terry Ryan
Greg Sambrano
Anthony Schmid
Teryll Shimoda
Craig Smith
Venus Smith
Scott Sodorff
Ben Somoza
Jonathan Soule
Gary Spidahl
Beth Stewart
Amanda Stueckle
Annie Swanson
Jack A Tait
Darren Tremblay
Dale Troupe
Thomas J Turner
April VanAssche
Vaughn Vandelac
Bryan Vogel
Aaron Wagner
Catherine Watjen
Kelati Weldegaber
Jamie Whitmire
Christine Windrim
Jeremiah Wohlgemuth

Catherine Wood
Adam Woodworth
Melissa Wyman
Kyle Wynkoop
Roger G Young
Domingo Zamudio

Strength

John Freeman

Swimming

Danielle Adams
Greg Braun
Rita Brennan
Jolane Bushnell
Terry Carlsen
Dena Christensen-Pugh
David B Cleave
Kris Cosme
Brad Daley
Dan Dole
Chris Erickson
Noel Brett Hammond
Jason W Hart
Andrew Hay
Kris Hendrickson
Annie Hindman
Marc Hughes
Tamara A Lester Dame
Aaron Lunday
Erin Miller
Christine Pohjola
Norene K Reeves
Nancy Rink
Michael Sandbeck
Jennifer Service
Robert W Serviss III
Tony St Onge
Jerry Stoddard
Sarah Summers
Kathryn Tocco
Art Wiper
Melissa York

Track and Field

Angela Adams
Erin Aitchison
Jerrod Akins
Daniel E Alderson
Cynthia Allen
Kevin C Allen
Michael S Allen
Martha G Almqvist
Ann Alokolaro
Aaron Anderson
Bruce Anderson
Scott Appleby
Kate Atvars
Tami Baddeley
Elizabeth Bailey
Jerry Bamburg
Robin Barnhart

FOR YOUR INFORMATION...

WSCA MEMBER COACHES BY SPORT

Sam Beesley
James Berry
Jeff Bevers
Ronald Bitonio
Dan Blackmer
Rachael Blackmer
Mike Bonnett
Gail and Larry Boose
Doug Bosted
Charles E Bowden
Skip Boyd
Jeff Brannan
Brian M Brickert
Dave Brophy
Mark (Alvin) Brown
Robert W Bullis
Tom Burggraff
Douglas Burt
Fritz J Bushnell
Charles Byers
JJ Calzadillas
Debrah Carter-
Thompson
Benjamin Castaneda
Chris Caviness
Stuart Chaffee
Michael Chapman
Heidi Chere
Caryn Choate Deeds
Wayne Christensen
Eric Claesson
Timothy D Clark
Roger Coffman
Stan Cole
Erica Coleman
John A Comstock
Lauri Conner
David Cook
Brent Copenhaver
Jack Craig
Dwight Cranston
Michael D Cull
Ron Curbow
Suzanne H da Ponte
Bruce W Daily
David J Davis
Rick Davis

Kent De Hoog
Tommy Decker
Deborah Denny-Klinger
Aaron AJ Derr
Sandra Desserault
Steven Detweiler
Travis DeVore
Marty DeWalt
Wendi Dewey
Dan Dittmer
Howard Dolphin
Lane Dowell
Blaine C Downey
Keith Duncan
Audra Dunn
Kevin S Eager
Dave Ege
Ron Ellis
Lief W Erickson
Teresa Fay
Rick Fillman
Jody Flanagan
Barrie Florko
John M Forsberg
Michael E Fox
Tim Frost
Josh Frunz
Greg Fry
William J Ganley
Rita Gardner
Jeff Geers
Dawn Geiser
Tuck Gionet
Teresa Goninan
Daunte Gouge
Michael L Grambo
Patti Green-Kent
Eric Grieve
Kwajalein Griffin
Greg Griffiths
Kevin Gudge
Linda Gudmunson
Deborah Guidi
Mike Hahn
Doug Hall
Steve Hansen
Neil Hanson

Kelly Robert Harmon
Tim Harrington
Nicole Hatcher
Lisa Hegna
Sarah Hegna
Delbert E Heistand
Annette Helling
James M Henrie
Rob Henry
Angel V Hernandez
David Himmah
Mike Hinz
Eric Hisaw
Troy Holman
Zachary Holter
Randy Hoover
Travis Howell
Judd Hunter
Dave Hurst
Layne Hutchins
Corey Ingvalson
Brannon Jackson
Harold Jensen
Michael Jeske
Tami Johnson
Karen J Johnson
Ron Johnson
Dan Johnston
Bryan A Jones
Craig A Jones
Dale A Jones
Kevin M Jurek
John Karas
Neil Kells
Jim Kelsey
Jeff Kenoyer
Scott Kent
Louise King-Taylor
Natalie Kinion
Suzy Kirchner
Paul Kirkpatrick
Dave Klinger
Kris Klusman
Chad Kopf
Joe Krieder
Ryan Lackey
Tim Larson

Duane Lee
Tom Legard
Clay Lewis
Duane Lewis
Joshua Leyk
Don Lichten
Eric Lindberg
Elyssa Louderback
Robert Maib
George A Makela
George A Markabi
Ruby Markstedt
Daniel T Martin
Jill M Mayer
Robin L McCarver
Donald E McClure
Dave McFadden
Jeff McGlocklin
Dennis McGuire
Rachel Merkley
Brian Meyer
Keith Michels
Michael M Mills
Randy Moon
Bradley G Moore
Kathy Morrey
David L Morris
Jo Moss
Michelle Mury
Jenn Nacke
Nick Nastri
James Neff
Monica Nelson
Thomas I Noon
Devin Olson
Robert O'Neil
Shannon O'Neill-Bieda
Jeff Page
Chad Palmiter
Dave Parsons
Rey Pascua
Matthew W Patterson
Curtis Paxton
Bryan Payne
Tim Penman
Don Perry
James C Perry
Brian Peterman
Stephanie Pfeifer-Splater
David C Phillips
Rob Phillips
Philip J Phimister
Jeremy Pitts
Bob Procive
Terry Rice
Dave Riddle
Don Rinta
Dori Robertson
Steve Roche
Michael Rodriguez
Elizabeth Roffler
Edward R Rosi
Kevin Ross

Nathan Ross
Thomas G Roys
Barry L Sartz
Cheryl B Schauble
Karen Schick
Dr Toby C Schwarz
Jeff Seey
Ken Shawcroft
Leslie Sievers
Tracy Silva
Tom Sinclair
Dustin T Smith
Sheila Rae Smith
Zach Spaet
Matt Stadelman
Jennifer Stalwick
Joan M Starr
David Stelljes
Robert J Stepan
Willie C Stewart Jr
David Stoddard
Steven Stoker
Glenn Strachan
Dan Sutich
Bruce Swanson
Luke Syverson
Joseph Taiwo
Terry Templeton
Phillip J Tennison Jr
Michelle Thompson
David Thomsen
Miranda Thygesen
Steven C Till
Stephanie Tucci
Gavin Tucker
Amy Utecht
Joshua J Vail
Bryan Venema
Paul Villanueva
Russ Vincent
Renee Wageman
John W Wagner
Ryan Wallace
Victor E Wallace Jr
James M Walters
Al Waltner
Mark Ward
Alan D Wardsworth
Joanne Warren
Rob Watson
Nicki Weiland
James Welch
David Weller
Harvey Wellington
Lynnette Wiegardt
Ashley Wildhaber
Don Wilkins
Sue Williams
Vanessa Williams
Doug Wollen
Scott Yetter
Ryan W Zackula
Jim Zatloukal

3,180
members
and growing!

WSCA MEMBER COACHES BY SPORT

Ruthanne M Zilla
Bill Zwarun

Tennis

Trudy Abrams
Pat Allen
William L Angdahl
Steve Archer
Brian Barker
Dennis A Sam Baxter
Matt Bayley
Pat Berg
Leslie Blair
Tim K Boyd
Joel Boyer
Andrew Buchan
Jennifer Bybee
Richard Carel
George C Carlson
Jamie Carter
John Cassens
Steve Chronister
Mat Clark
Jeffrey Corlett
Ted V Cummings
Jay DeVries
Stephanie Doherty
David Downing
Dave Falk
Lynn Fulton
Hugh Fulton Jr
Tresa Grimm
Charles R Hamaker-Teals
Joyce C Hedlund
Douglas J Hicks
M Doug Hughes
David K Hutt
Richard Jansen
Nancy Jensen
Brian N Klos
Leroy Lemaster
Donna Lenseigne
Kelli Loomis
Chris Lundquist
Marcie Lynne Malone
Mike McClellan
Eric McDowell
Rachel S McGovern
Sarah M Miller
Karl Moldren
Arnie Moreno
Vic Nelson
Patsy Northam
Todd Olson
Keven Peck
Michael Pierce
Mary Ann Radliff
Arnulfo Ramirez
Alan Rasmussen
Marty Rothlisberger
Brian L Sachse
Michael Salokas
Ron Shanander

Mike Shephard
Jonathan Valencia
Jeff Van Eaton
Charles Villanueva
Bob Walker
Anne M Wendt
Randy Werner
Nathaniel Whitley
Lane Winsor
Jon E Wrigley
Arnold Ybarra
Bryan A Zagar

Volleyball

Audrey Adams
Steve Akerlund
Alecia Allaway
James L Amsbary
Jessica Anderson
Kim A Anderson
Steve Bain
Dietrich Baker
Jason Baldwin
David L Ballinger
Julie Barker
Stephanie Barker
Tony Batinovich
Jeana Bayes
Shawna Behrens
Jodi L Bellamy
Wendie Bond
Jason Boyd
Ron Brazington
Tawnya D Brewer
Jeanne Brindle
Jennifer Brown
Melissa Brownell
Carol Bryan
Holly Budge
Stephanie Burgess
Eugene Burt
Terrie D Bush
Gordon Bushaw
Bil Caillier
Jolene Calzadillas
Chet Canode
John Carbajal
Crystal Cardenas
Jackie Carel
Chuck Carone
Kimberly Kay Carroll
Teresa Chavez
Barbara Cicotte
Lauri Clayton
Jaclyn Clundan
Leslie Coker
Kara Coleman
Brenda Cowan
Jaymie Cox
Julie Crawford
Bryce Crouser
Susan Cullen

Cheryl Culwell
Audra Cummings
Tara Curtis
Sarah Dalen
Michelle Daos
Melissa Days
Jillian DeBritz
Carrie Dellinger
Laurie Derr
Chelinda Dettorre
John Devine
Jay Dickinson
Megan J Doering
Phillip Dron
Ervin P Dubes
Kimberly Eaton
Gina Eggers
Linsey Emmons
Leslie Fink
Michael J Fitzpatrick
Breanne Florence
Mandy Flores-Handley
Carolyn Frankenfield
Tim French
Elisha Gadberry
Ryan Gaumer
Ryan Gaumer
Boyd Gebers
Kristine Gilman
Kim Gines
Matt Gines
Shanna V Golladay
Jim Greene
Michael E Hanson
Steve Hanson
James P Hardy
Kyna Harris
Sr Miriam J Heidland
Shileah Heistand
Donene Hendricks
Richelle Hendrix
Michele LH Herl
Sherri Hickman
Christine Hillestad
Amy Hisaw
Kyle Hogleund
Jessica Hollandsworth
Glenn Hoogerhyde
Marla Hunt
Kyle Hurst
Jeff Ibuki
Amy Johnson
Kristin Jones
Shannon Jorgensen
Bob Kehret
Jean Kellogg
Tammy Kelly
Lee C Keown
Sandra Kerr
Su-A K Kim
Julie L King
Janice Kirk
Joyce R Kjorsvik

Kristy Koch
Laura Kraig
Tasha Kryger
John LaFever
Rashad Lathan
Karla Laubach
Dana Lee
John Lengphounpraseut
Jay Louterback
Janis R Lovelady
Brandi Maioho
Suzanne Marble
Ken Marshall
Ryan Martin
Sandy Martin
Kathleen L Massarelli
Chelan McDaniel
Timothy McGrath
Nancy McLean
Diane Meyer
Jill Meyer
Bailey Millican
Claudia Minnich
Jim Mitchell
JoDell Mitchell
Jill Moomaw
Cheryl Murphy
Cheryl Nesbitt
Jeff Nesbitt
William J Neville
Michael Notaro
Mary Opitz
Andrew Ornelas
Kathy Ornelas
Mike Ottis
Rebecca Partch
Monica Peone
Elena Peterson
Michael W Pittis
Connie Poirier
Angie Potts
Darcy Potts
Greg Powell
Chelsea Rada
Richard G Rallens
Jacque Rasmussen
Tonie Ann Reiboldt
Mary L Rennie
Cynthia Reopelle
John Reopelle
Paul Richards
Shawn Richter
Jaymie Roberson
Lisa Roberts
Cheryl Robertson
Monica Rooney
Teresa M Ross
Kandi Rupe
Kayla Joy Russum
Jacqueline Sanchez
Ashley Schang
Kenneth P Scherr
Jeff Schrock

Pete Schweiger
Maria Scott
Kristin Seffens
Angie Sessions
Travis Sessler
Mike E Siva
Sharon Siva
Jill Smith
Sarah Smith
Tami Smith
Jim Steach
Misti Steach
Robert L Stevens
Robert J Stewart
Tracy L Strophy
Marj Struckmeyer
Candy Thornhill
Dennis Thornton
Erik Titus
Amy L Utter
Lisa Verage
Reija Ann Watson
Buzzie Welch
Mark West
Janet Westerlund
Nancy White
Amy Wiklund
Kathleen Williams
Jennifer Wilson
Kimberly Wiltbank
Mary Ann Winslow
Christy Wood
Cathy Woodruff
Shannon Woods
Jane Wyatt
Kara Yates
Julie Yearout
Lisa Yeo
Theodore L Young
Nancy Zehnder
Kimberly Zorn

Wrestling

Carlos Adamy
Tom Akins
James Anderson
Jeffrey D Anderson
John W Anderson
Randy J Anderson
Steve Anderson
James B Andrews
Manuel Arumbel
Antonio Avalos
Mark Ball
Terry Balthazor
Brent Barnes
Kenneth W Barnes
Bryan D Bartelson
Corey Betz
Anders Blomgren
Per-Lars Blomgren
Len Borchers
Joe Bosch

FOR YOUR INFORMATION...

WSCA MEMBER COACHES BY SPORT

Rick J Bowers
David E Boze
Frank Brandt
Joe Brannon
Michael M Bressler
David A Brown
Manuel Brown III
Randy D Burns
John Butenhoff
Doug Byers
Will Caballero
Dave Carlile
Tim Caryl
Juan Castillo
Mike Castillo
Herbert Sam Church
Anthony Clarke
William W Clifton
Chad Cole
Pat Connors
Ruben Cortinas
Adam Cox
Brent Cox
Michael Cummings
Denny Daniels
Joseph E Darnell
Abel DeLaRosa
David Dellinger
Cole Denison
Rob DesRoches
Jason K Dick
Kyle Dodge
Darin Dollemore
Dave Duffey
Eric Duffey
Les Eastman
Wanda L Eastman
Tim Eaton
Sean Ekerson
Danny Elliott
Ronald J Ellis
Joshua Emmons
Peter Esvelt
Lawrence B Falcon
Brandon Feist
Westley Fischer
Craig Foster
Kyle S Foster
Cody Freeze
Bob Freund
Rob Gale
Jaret Garcia
Raymond Garcia
Armando A Garcia Jr
Shawn Gaspaire
Bob Gelston
Chris Gilbreath
Wayne Gizzi
Randall Gleasman
Darrell Gleason
Tim Goad
Joseph M Godinho
Tom Golden

David Gonzales
Mike Gonzales
Daniel Gonzalez
Erik Gonzalez
Ramiro S Gonzalez Jr
Gary R Hackney
Tommy M Hafer
Bill Haley
Kirk Hamilton
Terry Haney
Daniel J Hanika
Arland Hansen
Craig Hanson
George Hara
Michael Harter
Jesse Hastings
Kip Hauser
Lance R Hayashi
Charlie Heimbigner
Bob Henderson
James Hendricks
Bill Herber
Johnny Hernandez
Valerie A Hernandez
Charles R Hinds
Jason Hippe
John Hodgins
Rob Hoffman
Kim W Hogan
Travis Holmes
Chris Holterman
Steve Hood
Jeremy C Horsley
Brandon Howard
Ken Hoyt
R Clayton Hudiburg
Travis Hughes
Troy Hughes
Tommy Huizenga
Kirk E Hyatt
Rockey Isley
Wayne Jackson
Brian J Johnson
Craig Johnson
Joey Johnson
David Johnston
Matt Jorgensen
Kevin Judkins
Fred Kalal
Joe Kerns
Grover C Kerr Jr
Joe Klein
Andrew L Knutson
Andy Knutson
Mark Kondo
Ross Kondo
Dean Largent
David LaSalata
Mike Lawson
Clint L Lebo
Mark Leenhouts
Steven B Lindholm
Chadd Little

Mark A Little
Brett C Lucas
Ted Lundgren
Ricky Lyons
Patrick H Maguire
David W Manahan
Greg Martinez
JJ Martinez
Ruben Martinez
Shawn Martinson
Ray Mather
Rory McDonald
Jay McGuffin
Randy McGuffin
Rick McLaughlin
Philip A McLean
Roy W McLean
Steve Mead
Troy Meier
Jim Meyerhoff Jr
Jeff A Michaelson
Randy Miller
Dave Mitchell
Chad Monteith
Eviun Morton
Bryan J Mossburg
Jason G Moyer
Randy Mulrony
Daniel G Mundell
Chad Nass
Corey Nelson
Larry E Nelson
Jeff Nevels
Mark Nickels
Jim Nielsen
Tracy Niles
Wright Noel
David J O'Connor
Thomas A O'Hara
Don Owen
Tim Owen
Dean Pakinas
Clark Pauls
Danny Pearson
Juan Peralez
Lupe Perez Jr
Rick A Perleberg
Sam E Petersen
Dan Pitsch
Rick Rakevich
Manuel Ramos
Dan N Randles
Jim Rasar
Josh Reardon
Lonnie Rickey
Chad Ripke
Sammy Rocha
James E Rohr
Brandon Root
Eric Rotondo
Sean Ryder
Sylvester Joe Sanford
Keith Saxe

George J Schaefer
Gary Schimmel
Rick Schoengarth
James W Schrader
Rodger Schultz
Robert W Sealby
Jeff Sevigny
Mike Sevigny
David Shoddy
Darold W Sims
Ken Skeie
Lynn A Skuza
Todd Slatter
Darrell Smart
Eric Smith
Rob Smith
Brian Soiseth
Pedro Solis
Jesus Soto
Glenn Sprecher
Ken Sroka
Gary Steeby
Carl Stello
Michael (Scott) Stirts
Denny Stone
Casey Stookey
Gaylord Strand
Jason Tebbets
Jay Terry
Ryan Tesarik
Jeff Thompson
Jon Thompson
Lee Thornhill
Ben Thuney
Tom L Tochterman
Tom Tripple
Hallie Tuck
John Uhrich III
Tony Unbach
Dave Unwin
Edward Valdez
Stephen Ver Hoeven ATC
Ray Vickaryous

Kanoe C Vierra
John Edward Voss
Tom Wahl
Mike Wallace
Jerry Waterhouse
Mark Watrin
David Weakland
Eric Werner
Steve Westermeyer
Matthew Whitehead
Dean Width
Jason Wiklund
John Willmarth
William P Wilson
Jamie Wise
Dan Wright
F Takashi Yamada
Manuel Ybarra
Colten L Yeigh
Terrance L Yeigh
Jerry Yorgesen
Rob Zabel
Robert C Zornes

Water Polo

Debra K Turver

Weight Room

Danny M O'Dell
Tennis Olson

No Sport Specified

Nicole Allen
Kim Anderson
John Bofenkamp
Tina Hamlin
Katie Haney
Camilo Mendez
Tom Moore
Kyle Mulholland
Robert O'Neil
Jennifer Tiesg
Hollie Tuck

Marcus The Olympian

by Steve K. Bertrand

Marcus was the slowest of men,
who never a foot race had won,
but just for laughs Greeks entered him
in Olympia's three-mile run.

So, after the trumpet sounded
& they burst from the starting gate,
a boisterous crowd of well-wishers
awaited poor Marcus's fate.

And when the dust finally settled
& the runners burst into view –
there was Marcus half a lap back
moving like a leaden statue!

GYMNASTICS

News from the WSGCA (gymnastics)

by Ryan Fleischer

This spring we took an amazing group of gymnasts from all over the state to compete at the senior national meet in ST. Petes Beach, FL. It was an outstanding meet. This was one of the best teams we have taken. They represented Washington well. The team took 3rd place, missing 2nd by .25. Not only were they talented but also a fun group and good students as well. All of the gymnasts said this was the best way to end their high school gymnastics careers. It was exclamation point at the end of a great journey. 2 of the gymnasts on the team are now coaching high school gymnastics at their alumni schools



and 2 went on to compete gymnastics at the college level. The team was coached by Ryan Fleischer (Issaquah High School), Bob Fenton (Kentwood High School), traveling with the team were Dean Ratliff (judge) and Karen McQuiston (WSGCA Pres.). Team members were: Carrie Dragland (Bothell), Anissa Mdrid (Kenedy), Nina Fogel (West Seattle), Sysko Nyto (Columbia River), Kelsea Walsh (Prairie), Chailee Friant (Kentlake). ■

Get Into GOLF!

BE READY TO TEE IT UP IN 45 MINUTES!

If you want to learn to golf, but don't want to invest a lot of time or money in equipment and instruction, this video is a must for you!



\$19.95

Great for teachers or coaches too . . . use it to get your new players off to a great start by building strong fundamentals that will hold up under competition

“Most new golfers just want to get the ball into the air, play occasionally and have fun.”

For more information on Get Into Golf, please visit our website at:

www.newgolferguru.com



Cindy MacNider LPGA

Cindy MacNider – LPGA T & CP Class A Member since 1994
2002 Golf for Women Magazine Top 50 Teacher
Twice nominated for LPGA T&CP Western Section Teacher of the Year
Director of Instruction – Apple Tree Golf Course Yakima, Washington

HAWKES SQUAWKS

By Dee Hawkes
Retired



It's good to be off and running after the crazy winter we've had. The snow pack in the mountain passes certainly was a bummer to school programs on both sides of the mountains. Hopefully, in the months ahead the weather will cooperate for the spring sports, and everyone will have fun. I sat down, did a little brainstorming, and now have a few squawks to present. It's a humbling experience to know that after three decades of squawking I can still show ownership.

TRICKLE DOWN BEHAVIOR

Nothing is more arrogant than poor sportsmanship. Poor ethical behavior seems to have trickled down from the television screens, which depict highly paid professional athletes, into the thoughts and actions of young athletes. The difficulty of coming to grips with it falls onto the shoulders of athletic directors and coaches. For example, a chorus of chanting negative voices is not an easy thing to overcome in a competitive situation. Some sports don't seem to have this problem. But, in the sports that do, it causes headaches. Usually, a stern reprimand by a school official or removal of the instigators can correct the situation. To all outward appearances, college cheering sections are not positive role models to emulate by the high school fan base.

Here's an example from Memphis basketball coach John Calipari after his team won in a close game on the road. His team was showered with cups, water bottles, and pom poms. He said, "Students do that. What, do you expect the students to be happy? They were into it, and all I told our guys was get off the floor. You don't deal with it. You think they're going to kiss you on the lips?" Whether we particularly like it or not, this message is a far cry from the kind of sportsmanship we expect.

GIRLS' WRESTLING MOVING INTO THE MAINSTREAM

The smoke is starting to clear. Girls' wrestling has taken off and has become very popular. It's still a mystery to some of us who were around when girls were not permitted to do anything physical. It's a significant step that girls

can go to the mat, compete, and have fun without any physical harm. Across the country, over 5,000 girls are learning how to master the skill of takedowns and half-nelsons. They are slowly moving into the mainstream, and around these parts it's at full throttle. The move away from mixed-sex or coed wrestling makes sense. Wrestling may be the ultimate contact sport. Now that women's wrestling is an Olympic sport, it has become a college sport on some campuses. What we have here is a sport, which will continue to attract more young girls who just want to be side by side with the boys at the Mat Classic. It also gives the smaller girls a chance to participate. Watch out! They are coming, more and more of them. As was demonstrated in the Tacoma Dome, this sport is catching on fire.

YOU CAN'T HAVE IT BOTH WAYS

As a coach, you put in long hours for little pay. You are a competitive person and you want to win. In direct and indirect ways, you have enormous influence over your athletes. Most coaches represent one of two different philosophies. One coach will suggest that the athlete's future is in the sport he/she coaches. Therefore, the off-season time must be spent in the weight room, in the open gym, or in becoming more skilled. The message that rings loud and clear is that of specialization. The other coach believes that the athlete should have the opportunity to play multiple sports. Smaller schools need the multiply-talented athlete to change sports seasons in order to compete. There's a lot of solid coaching going on that level.

When we zero in on the two approaches, several things come to mind. Since this may be the end of competition for most kids, shouldn't they have the opportunity to play different sports? Would these same kids fall behind the athletes who are playing just one sport? The argument for specializing is that it gives the kid a better chance to be seen by college recruiters. Another point is that some kids play one sport mainly for the future and another one for fun. Then, there is the matter of providing a level play-

Continued on page 34

Continued from page 33

ing field as prescribed by the WIAA. It seems clear that the high school sports culture is now geared more toward year-round teaching. Either way, if the athlete is strong-armed and coerced, or required to specialize, then the very spirit of school sports is violated. The college model is not what we're all about. College athletic programs already have a barrel full of problems.

A GOOD IDEA

It's not often that a school has a full fledged academic coach for their athletes. Several schools in California have brought them on board and the results went beyond expectations. What a waste if the student-athlete lacks the grades to go on to college! One wonders why this idea has taken so long, since recruiters will first check grades to see if an athlete qualifies. The academic coach is hired to help and guide the athletes through the full school year. This is a tough sale. Most districts can't support it, because it gives too much attention to the athlete. However, an ounce of prevention is worth the effort to keep these kids from falling through the cracks. Since we have tutors in everything from math to SAT preparation, why not add a trained academic counselor to supervise study table and keep tabs on each athlete's academic progress!

The National Football Foundation's Play It Smart Program sets up an academic coach to track each football player's progress throughout the calendar school year. Rainer Beach High School has a very successful ongoing one in our state.

ANOTHER CADRE OF COACHES

Apparently, my squawk on non-certified coaches in the Winter Issue hit a raw nerve among some of them. They believe my stance is all wrong, and that I should consider changing it. With all due respect, here is a better interpretation of where I coming from.

A few decades ago, high school coaching was predictable. The day progressed from morning to afternoon, first teaching and then coaching. The standard procedure for a coach was to close the classroom in the mid-afternoon, head to the locker room, pick up his whistle, and meet the players. On game days, it was either board a bus to find competition or stay at home. All of this part of a full and hectic day, which ended late at night.

It has absolutely changed; the cheese has moved. No longer is it the norm to say just about every teacher is a coach. Fewer teachers are choosing to coach. Most school districts post the position internally for a fixed number of days before opening it up to outside candidates. Although pushy parents discourage some teachers from

coaching, the money and the huge time commitment factor isn't appealing. Add that to the factor that expectations and requirements for teachers in the classroom are higher today. Also, those who don't coach now have other options when their last class is over.

Football and basketball are high profile and big budget sports, which provide higher salaries to coaches than the lower profile sports. For this reason, athletic directors want to hire the best coach who can create a strong school climate and be successful. The state of Indiana, for example, has set mandatory rules for hiring for these positions. Schools must maintain an accurate record of all non-teaching coaches. But in the case of head football and basketball coaches who do not hold a valid teaching license, approval must come from the Indiana High School Athletic Association. In emergency cases, a one-year waiver is allowed. In Texas, all head football and basketball coaches are required to have teaching certification.

The issue for this writer is not to require mandatory rules in hiring coaches, but the fact is that non-certified coaches have a higher price to pay. Coming from the outside to coach requires a different protocol. The coach with the day job who wants to be a head coach needs to jump through a few more hoops to assure that he or she is the best person qualified. There must be more emphasis placed on checking personal character, coaching philosophy, program planning, academic counseling, and budget management.

There's ample evidence to support that it's a plus if the candidate has also had experience working with a mentor coach. The priorities in hiring should place the kids first, the team second, the coach third, and winning fourth. This is a proven formula for success. The only question then is whether the coach is a good fit for the school, the faculty, and the community. If the coach passes these requirements with flying colors, then he/she should be hired.

Coaches forge relationships with their players. Or, at least the good ones do. They demand it. If it hadn't been for school sports, many young athletes might get into trouble. The story, "If it wasn't for coach, I wouldn't have graduated," is often heard across this country. Keep up the good work.

SHORT SQUAWKS

In today's society, it is crucial that coaches teach their athletes the importance of choosing an appropriate circle of friends. Social peers dictate the situations that athletes find themselves in, and each day presents them with new choices. One night in the wrong situation can damage, or end the life, of even the brightest young guy or gal. An

argument can lead to a fist fight, which may escalate into a brawl with gun shots blazing. Unfortunately, this has happened too often. Talk to your players about their peers. Emphasize that the best group to hang out with are their teammate. . . . Another coaching tip is to give as much personal attention off the field to non-starters as to your starters. By just being there, they become the backbone of any successful team.

Why some coaches win while others do not: My take is that the answer is in the personality of the coach. It's the extremely competitive nature that demands a total effort from their players. Some coaches are intense in their work habits, others are not. The mediocre coach TELLS: the good coach EXPLAINS: the superior coach DEMONSTRATES, and the great coach INSPIRES.

The passing of Rich Rowe, Edmonds football coach, was a big loss to that community. Rich marched to a different drummer. This was indicated by the telegram he sent from Hawaii to his Superintendent. It read, "I quit. Rich." He was man of few words who influenced so many lives.

There's nothing quite like spring when the school sporting world goes outside – in rain or shine!

If you want to send an email, visit hawkes32@comcast.net. In the meantime, I leave with words from Shakespeare's *Hamlet* when the father said to his son, "This above all; to thine ownself be true; and it must follow, as the night the day, Thou canst not then be false to any man."

See you around, I hope. ■

VOLLEYBALL COACHES ASSOCIATION HALL OF FAME INDUCTEE

CHRISTIE PETERSON



Christie Peterson was inducted in the volleyball hall of fame this past November at the state championships. Christie has taught math and ninth grade health and physical education at Burlington-Edison High School for her entire career of 35 years. She will retire at the end of this school year. She graduated from Western Washington University in 1973 with a physical education specialist degree. At Western she competed in intercollegiate volleyball, basketball, track and field and badminton. Christie earned a masters degree in Educational Technology from Lesley University in Cambridge, Massachusetts.

Christie has coached basketball, softball, track and field, boys golf and volleyball; with 20 years as the head volleyball coach. During those 20 years, Christie accumulated 208 wins and 63 losses. Her teams won five district championships, made five appearances at state, and won two state titles.

Christie is married to Keith Peterson and they have three grown children; Lindsey, Scott and Kelli.

Congratulations, Christie!



LOADING PATTERNS

by Danny M. O'Dell, MA. CSCS*D
co-owner of 'The WeightRoom' gym and Explosivelyfit.com
Nine Mile Falls, WA

Successful training programs apply a number of loading variations to consistently challenge the neuromuscular system. These range from the simple pyramid to the flat pyramid. All of the following percentages, in each scheme, will be based on an accurately tested and closely supervised one repetition maximum for each exercise.

The basic pyramid has been an effective tool for many successful strength enthusiasts. In this commonly used pattern the load progressively increases as the repetitions and sets decrease. For example after a general and a movement specific warm up the practitioner will begin with a set of five to six repetitions at 85% of the 1RM. After an appropriate rest interval this initial set is followed by another set of three to four repetitions at 90% of 1RM. Successful completion of these preliminary sets leads to a set of two to three repetitions at 95 1RM. The final set is at 100% with one repetition. This completes the sequence at this basic level.

The double pyramid begins the same as the basic loading pattern discussed in the previous paragraph. However, once the scheme reaches the 95% level, it repeats the 95% load. The schedule then calls for a set at 90% for two repetitions, which is followed by sets at 85% for three repetitions and a final one at 80 for repetitions.

A skewed pyramid improves upon the double pyramid in this aspect; the load constantly increases throughout the session until the last set where a built in taper appears. This last set is performed, with good form, as quickly as possible.

The major disadvantage to all of these layouts is the load varies greatly between light to heavy. The load goes from hypertrophy to maximum strength. Nothing is worked effectively.

There is a more efficient method of becoming powerful.

The flat pyramid provides the maximum training outcome. Maximal strength gains result from intensity levels above 80%. The lower ranges contribute very little to the eventual outcome of power, unless the goal is speed development. Neurological adaptations occur as the physiological stresses exceed the 80% 1RM.

Keeping the intensity level in the correct strength building range throughout the entire series is the forte of the flat pyramid. The body is not confused by wide percentage changes of intensity and adapts to the imposed load.

The flat pyramid begins with a specific movement warm up then moves right into the strength ranges of intensity. The chart shows this scheme very well.

70%	80%	80%	80%	80%	70%
80%	90%	90%	90%	90%	80%
85%	95%	95%	95%	95%	85%

*Serious Strength Training, *Bompa, T.O., Pasquale, M.D., and Cornacchia. L. J. Human Kinetics, 2003*

Various load patterns can be developed with the flat pyramid. Focus on the objective and insert the proper percentage of intensity in the working portions of the scheme, i.e. the center four sets at the chosen percentage values represent the target goal levels.

Stick with these suggestions for one to two weeks before changing to a lighter load for several days. This decreased intensity gives the body a rest. Once the deloading days are over go back to the flat pyramid training set up again for added strength development. ■

***NEW* Scholarship for Student Teachers**

BURNETT-ENNIS STUDENT TEACHER SCHOLARSHIP

Deadline: April 20th

By completing the information required in this application, you will enable us to determine your eligibility to receive funds provided specifically to help students whose parent(s) are members of WSCA. This application becomes valid only when the following has been submitted. This scholarship is open to any member's son or daughter planning on student teaching during the next year.

To be eligible for the scholarship:

- Your mother or father must be a member of the Washington State Coaches Association.
- Submit the below application.
- Submit one letter of recommendation from your College Education Department.
- Submit your College Transcripts.
- Submit a short essay (250 words or less) that would include the answers to the following questions.
 - a. Why do you want to teach?
 - b. Previous experience coaching and teaching kids?
 - c. What do you want kids to say about you?
- After being awarded the scholarship, you must submit a letter from your college student teacher advisor as to verification of your placement.

Personal Information (please print clearly)

Name _____
Last First M.I.

College Attended _____ Date of Birth _____

Permanent Address _____
Street City Zip Code

Permanent Home Telephone number (_____) _____

Parent/Guardian _____ Years Member of WSCA _____

Address of Parent/Guardian if different from applicant:

Street City Zip Code

Check list: Application Letter of Recommendation College Transcript Short Essay

Your application must be received before April 20th.
Mail To: WSCA Scholarship, 708 S. Lake, Colfax, Wa 99111

Selected winners must submit a picture of themselves with their member parent to the WSCA by June 30th.



EUGENE VICTOR

Sacajawea Middle School

Eugene is a very busy coach at Sacajawea as he has coached volleyball and both girls' and boys' basketball for 18 years. In 2006, he also coached girls' fastpitch at SMS. Coach Victor

earned his BS in Mathematics from WSU ('88) and his MA in Administration from Gonzaga in 1993. Eugene's family includes his wife of 18 years, Terry, and their daughter Emily (14) and son Zachary (7). Eugene became a coach because it is a chance to help students learn new skills on and off the court in an effort for them to become more successful in high school, college, and beyond. His volleyball teams were FWSD League champions in 2003, '04 and '06 and his boys' basketball team was league champs with an undefeated season in 2004. His proudest moments in coaching come each time an athlete accomplishes a skill they did not think they could and knowing he helped with that learning. His favorite quote comes from Bob Robertson, "Always be a good sport, be a good sport always." Eugene was been in the WSCA for over 18 years.



SALVADOR LOPEZ JR.

Asotin High School

Coach Lopez is the head football and head track coach at AHS. He has been coaching football for 12 years and track and field for 16 years. A University of La

Verne graduate ('94), Sal's family includes his wife Kerry and their 3 dogs. He was named the Seattle Times coach of the year in 2B football and the Lewis and Clark State College Warrior Athletic Association high school coach of the year in 2006. Sal was named the Seattle Seahawks 2A/1A/2B coach of the week in 2007. After winning the

District 9 2B championship in 2006, his football team went on to win the state 2B championship. In 2007, the girls' track team was the District 9 2B and Blue Mountain League champions. Sal was inspired to teach and coach by answering the call from his high school coach to come and help. His favorite saying comes from junior linebacker Roby Spooner, "you did not make up for anything, you just did your job" correcting a teammate during a film session. Salvador has been a member of the WSCA for 2 years.



BRUCE WELLING

Central Kitsap High School

Bruce is a graduate of Central Washington State College ('71). While there he played football for 2 years before a back injury ended his playing days. Bruce is currently the head coach of the fastpitch and

bowling teams at Central Kitsap. Bruce has been the head coach for the softball team for the past 25 years and 2 years ago took over the bowling team. He has 34 total years of coaching experience. Bruce's softball teams have a record of 451-136 and won the state championship in 1993. They have been league champs 12 times since '92. Bruce's family includes his two sons, Kevin and Kyle and his daughter Kara. Bruce became a coach to help players realize that sports are like life. You might get knocked down a few times while playing but getting back on your feet is what life is about. His proudest moment came in 2000 as the CK fastpitch team lost their first tournament game and came back the next day to win 4 games straight in the heat of the day before losing demonstrating effort, determination, belief, and courage. "It doesn't matter that you made a mistake, it matters what you do afterwards." Bruce has been in the WSCA for more than 25 years.



DORINDA CARPENTER

Puyallup High School

Dorinda is the head coach of the very competitive gymnastics team at PHS. She has been coaching for 16 years with the last 7 at Puyallup. Dorinda enjoys coaching. It is a re-

warding experience as she watches the success of athletes when they learn a new skill or reach a team or personal goal. A graduate of Pierce College ('90), Dorinda's family includes her husband Anthony, their son Kyle (13) and daughter Ayla (10). Dorinda was selected as the PHS/Jerry Redmond Coach of the Year in 2007. The 2006-07 PHS gymnastics team was league and district champions and place 3rd in the state competition. Her proudest moment in coaching came at the state meet last year when one of her gymnasts broke her big toe warming up for the second event but chose to compete in the next 3 events because she did not want to let her team down. Dorinda has been a member of the WSCA for 7 years. ■

The Passing Parade

by Richard Abrams

On December 10, 2007, Dick Abrams passed away at the age of 85. He was a great fan, player, and coach of the game of football. After starring at Bellingham High in the late 1930's, he received a scholarship to Stanford and played on their 1940 undefeated frosh team. He joined the Army Air Corps as WWII escalated, and became a decorated war hero flying over 60 missions in B-26 Martin Maurauder bombers. He became a Cougar when he returned from the war, and scored the first post-war touchdown for Washington State. He was elected captain and won the Bohler Award as a junior. He became a teacher and coach, and worked for "Lappy Lappenbush" at Western Washington before becoming the head coach at Mac High in Milton-Freewater. After two seasons at Mac High, he became the head coach at Langley High for a season before being hired by Jim Ennis as an assistant at Everett High. He eventually became the head coach at Everett in 1959 when Ennis resigned due to health reasons. His 1959 team, led by Jim Lambright, lost only one game. The 1960 Seagulls went undefeated and won the state championship with great players like Paul Lawrence and Terry Ennis. He resigned after the 1960 season to pursue a Master's degree and raise his young family. His many relationships that he made through playing and coaching the great game of football remained important throughout his life. ■

ON THE SIDELINE

NOMINATION FORM

The WSCA needs your help! If you know a current member of the WSCA who deserves recognition for his/her contributions to coaching, please fill out this form and send it to Mike Schick. Your nominee will then be contacted to obtain additional information.

Nominee's Name _____

Home/School Address _____

City _____ Zip _____

Current teaching/coaching location _____

Send this form to Mike Schick,
Edgemont Junior High, 2300 110th AVE E, Edgewood, WA 98372

Thank you for your efforts

PRACTICE MANAGEMENT

Establishing a Disciplinary Policy Keeps High School Players in Check

By Jeff Shutter, Head Football Coach, Eastern York High School, Wrightsville, PA
Reprint Gridiron Strategies December 2007/January 2008

Being a head coach comes with all sorts of responsibilities, many of which may have caught you off guard. While everyone thinks about winning the big game or running two –a-days, one of the most important responsibilities a head coach assumes is being the team disciplinarian. Your assistant coaches may have a role in discipline but you set the tone, make the rules and have the final say.

Working with boys aged 14-18, discipline needs to be worked as intensely as offense, defense and special teams. No coach would go on the field without an offensive philosophy and a practice plan. And, he should not go onto the field without a sound philosophy and plan for discipline.

There are three main areas of focus for disciplinary policy: on-the-field behavior; actions in the school/community; and a player's academic responsibility.

On-The-Field Expectations

Discipline is necessary for running an efficient and productive practice as well as competing on Friday night. From aligning and stretching correctly to executing drills, discipline needs to be a part of all activities.

Players must understand what is expected of them and accept the necessity of being disciplined so they practice with a purpose. The following are examples of on-the-field rules.

- Be on time to all meetings and practices. No exceptions!
- Be dressed properly and ready to begin on the whistle.
- Absolutely no profanity.
- Don't be a practice field lawyer – don't explain why you made a mistake just accept the coach's correction and do it properly.
- Never talk back to a coach, trainer

or staff member.

- Practice at the same intensity level that you expect to play. Effort and enthusiasm aren't turned on and off with a switch.
- Pay attention when in line or standing and observing.
- Great hustle and enthusiasm take no athletic ability.

School & Community

When players leave the locker room and head for home, coaches have to depend on team rules and parental support to guide a player's actions. If a player wants to be part of the team, his behavior must comply with school and team rules. Many a season has been ruined by a few selfish players who made a poor decision and consequently earned suspensions.

As a head coach, hold a parent meeting at the start of each season and share football philosophy, as well as your policies on discipline.

Encourage parents to do their part and explain any school codes of conduct or academic requirements so there is no confusion. Here is a basic list of off-the-field expectations.

- Don't do anything that might embarrass your family, team, coaches or school.
- Treat women with respect.
- Carefully choose the people you associate with. You often are judged by the company you keep. Hang out with the team.
- Treat your teachers, school administrators and staff with respect.
- Be an outstanding school citizen.
- When out in the community, be well behaved and respectful of adults.
- Watch out for teammates. You are your brother's keeper. Help teammates avoid situations that could lead to trouble.

Academic Expectations

You need to remember that you are a teacher and your primary focus is on the education of your players. A player's future success in both college and athletics depends on his ability to score well on the SAT or ACT test. The better student always is a more attractive candidate to college recruiters. It's not enough simply to be an excellent athlete.

You owe it to your players to demand their best efforts in the classroom. Track your team's GPA and make accomplishing a good GPA a team goal. Reward players who achieve in the classroom just as you would someone who made a big play in a game. Call attention to achievement in front of the player's teammates. Players only take academic achievement seriously if the coaching staff is sincere. Here are some basic academic expectations to discuss with your team.

- Accept and thrive in the school's academic policy.
- You are a student-athlete – academics are the first priority.
- Do your homework and study for tests and exams.
- Learn to budget your time.
- Be on time to school and to class. Be prepared for class when you arrive.
- Treat teachers, school administrators and staff with respect.
- Be honorable. Never cheat, copy or plagiarize.

If players work to achieve in all three of the disciplinary areas, they are better prepared for game nights. Above all, as a coach, be a leader and set the standard for your team. It makes it that much easier for you when you hold your players to high standards in school, on the field and in life. ■



“SILENT GESTURE” WORTH READING!

The Autobiography of Tommie Smith

by Steve K. Bertrand

There are many images from sport that capture a particular athletic feat; but, there are few athletic moments that provide as much controversy & emotional reaction as Tommie Smith raising a black-fisted glove while receiving his gold medal during the 1968 Olympic Games in Mexico City. Smith's victory in the 200-meter dash (19.83 seconds) shattered the existing world record. His gesture on the awards podium at the 19th Olympiad caught the attention of the world.

For many of us who lived the '60's, this event is indelibly stamped in our brains. Smith's "silent gesture" transcended sport. It was a proverbial "shot heard 'round the world". At a time when our nation was gripped by discontent & tragedy, Smith brought to everyone's awareness the challenges of politics, race & sport. This gesture, at great personal risk, propelled a poor country boy from the backwoods of Texas, into the spotlight as a human rights spokesman.

Tommie Smith was born in Clarksville, Texas on June 6th, 1944. The seventh of 12 children born to Richard & Doris Smith, Tommie survived a life-threatening bout of pneumonia as an infant. Through the fourth grade, he couldn't read. Then, he got involved in sports. This changed his life. Sports were a way of keeping out of the cotton fields. This was all the motivation Tommie needed. While in high school, Tommie was voted three years in a row the Most Valuable Player in football, basketball & track. "I worked hard at sports," he said. "When it came to track, I felt if you're going to hurt in a race, you might as well hurt while doing your best. I didn't like the feeling I hadn't performed to my potential."

By the time Smith was a student at San Jose State University, racial tension in this country was at a boiling point. Tommie experienced his share of racial prejudice. This led him to spend evenings in the San Jose State University Library learning about his people – the African-American. Change seemed imminent. Both Robert Kennedy & Dr. Martin Luther King, Jr. had been assassinated. As Tommie Smith stood atop the Olympic podium in 1968, his gesture became a defining moment in American history. For those wishing to gain further in-

sight, the event was captured in the HBO TV documentary "Fists of Freedom".

Tommie Smith's courageous act wasn't without its consequences. Many people misinterpreted his gesture. He was cheered by some, jeered by others, & ignored by most. Tommie was viewed as "un-American". As a result, he was dropped from the ROTC program at San Jose State University. He had trouble finding work. Before his silent gesture, he spent a lot of time praying. Following the Olympics, he was often afraid. "I didn't know if somebody was going to try & shoot me," he said.

Looking at this gentle man, you'd never know so much pain made up his past. The scars are hidden behind his warm smile. In retrospect, the sixty-three year old Tommie Smith, the man who forty years ago could run twenty-eight miles per hour & had an 8'9" stride length that increased as he ran, feels he's lived a great life. "It's always easier to look back," said Smith.

With all-time bests of 10.1 seconds for 100 meters, 19.83 seconds for 200 meters, & 44.5 seconds for 400 meters, Tommie Smith still ranks high on the world all-time performance lists. Today he spends his time conducting seminars, clinics & delivering lectures. As a tribute to his efforts & achievements, a statue of Tommie Smith & teammate John Carlos, who claimed the bronze medal in the 200-meter dash at the 1968 Olympics, stands outside the Department of Kinesiology on the San Jose State University campus. Their fists are raised as a symbolic gesture to everyman's human rights.

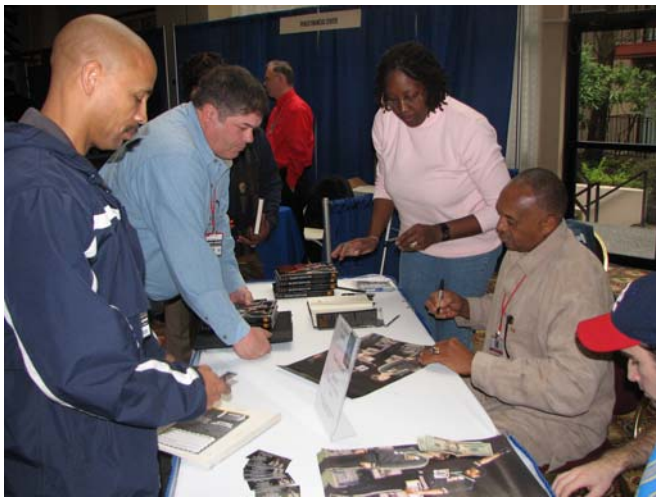
Consequently, Tommie Smith has appeared in such publications as Sports Illustrated, Time, Newsweek, Cleveland, Score, Track & Field News, & Ebony magazines. The recipient of numerous awards & honors, Tommie Smith was inducted into the National Track & Field Hall of Fame in 1978. In 1996, he was inducted into California's Black Sports Hall of Fame. In 1999, he was inducted into the Bay Area Hall of Fame & the San Jose State University Sports Hall of Fame. In 2000, he received the Commendation, Recognition & Proclamation Award from the County of Los Angeles. In 2005, he

Continued on page 42

Continued from page 41

received an honorary doctoral degree from San Jose State University. At one time, the 6'3", 185-pound sprinter, who was coached by Bud Winter, tied or broke thirteen world records.

Since 1999, Tommie Smith has worked as a coach, educator, athletic director & activist. He is a distinguished African-American who is a nationally & internationally recognized spokesman for human rights. He has dedicated his life to championing the human rights cause. Smith explained his actions on the awards podium. "It wasn't about being cool or stupid. It didn't have anything to do with black power. I wasn't trying to be defiant. My head



Tommie Smith signing autographs.

was bowed to our flag during the Star Spangled Banner. I did what I did because I hoped some day things would be better for us all. My gesture was about human rights, not black rights. Personally, I was tired of feeling different." Smith never saw himself as a politician. "As a world record holder, I had a responsibility to take a stand on human rights. I didn't do anything outside my constitutional rights."

Smith's book "Silent Gesture" captures the political, social & athletic events of the troubled '60's. These events later helped define us as a nation. This makes Smith an important figure in American history; &, his book worth reading. Published by Temple University Press, the book was released in 2007. Currently, Tommie Smith's book has been nominated for the 39th NAACP Image Awards for Outstanding Literary Autobiographical Work. Dr. Tommie Smith was at SeaTac's Doubletree Inn on Saturday, February 9th, where he spoke & held a book signing during the Northwest All-Sports Clinic. ■

A SQUAWK from the past - that is relevant today...

Card Carrying Coaches

Over the last several years, there seems to be less interest on our part of coaches to wear the hat of a professional. Numerous opportunities to get involved in organizations which promote personal growth are being ignored. Sure, some clock hour courses get your attention for a few hours. But they are here today and gone tomorrow. What appears missing is membership, and the act of paying dues to an organization which stands proudly for what you do with kids. My advice to coaches, regardless of experience, is to be a CARD CARRYING member in associations that promote professional growth. Please don't let the almighty dollar get in the way. School athletics would benefit immensely, especially the kids who are under your tutelage.

*reprint The Washington Coach Summer 1995
original article by Dee Hawkes*

◆
**JOIN
YOUR
ASSOCIATION
TODAY!**
◆

BURNETT-ENNIS SCHOLARSHIP

Deadline: April 20th

By completing the information required in this application, you will enable us to determine your eligibility to receive funds provided specifically to help students whose parent(s) are members of WSCA. This application becomes valid only when the following has been submitted. This scholarship is open to any member's son or daughter planning on attending an institution of higher learning.

To be eligible for the scholarship:

- Your mother or father must be a member of the Washington State Coaches Association.
- Submit the below application.
- Submit one letter of recommendation from your principal, counselor, or teacher.
- Submit your High School Transcripts.
- Submit a resume of your high school activities (including community, school, or church activities)

Personal Information (please print clearly)

Name _____
Last First M.I.

High School Attended _____ Date of Birth _____

Permanent Address _____
Street City Zip Code

Permanent Home Telephone number ____ (____) _____

Parent/Guardian _____ Years Member of WSCA _____

Address of Parent/Guardian if different from applicant:

Street City Zip Code

Academic Information GPA _____

Briefly describe any scholastic distinctions or honors you have won since the 9th grade

Athletic or Extracurricular Participation

Sport _____ Years _____ Letters _____ Honors _____

Please continue with application on reverse side.

continued from previous page

BURNETT-ENNIS SCHOLARSHIP

Deadline: April 20th

College Goals College planning to attend _____

In order to formulate a better concept of who and what you are; we would like you to respond as you feel appropriate to the following questions. Please keep it brief and to the point.

1) Describe your contribution to "athletics or activities" in your school.

2) Describe how athletics and coaches (or a coach) have affected your high school life and your future plans.

Check list:

Application Letter of Recommendation Transcript Resume

Your application must be received before April 20th.

Mail To: WSCA Scholarship, 708 S. Lake, Colfax, Wa 99111

Selected winners must submit a picture of themselves with their member parent to the WSCA by June 30th.

Deadlines for the *WASHINGTON COACH* Magazine

Next Issue - Summer: May 14

Fall Issue: August 14, Winter Issue: December 1, Spring Issue: February 14, Summer Issue: May 14

SUBMISSION PROCESS

Submit via email as an attachment to Barb Johnston at Johnston.barbcliff@verizon.net

If you do not have access to email, mail to:

Barb Johnston, 421 E. Davies Loop Road, Lake Stevens, WA 98258

MVP
ATHLETIC

1210 Franz Street
Lacey, Washington 98503
t 360-413-5047 / f 360-413-5051

UNIFORMS EQUIPMENT SHOES
JACKETS HATS CLOTHING



TOLL FREE 877.413.5047



DWAYNE LANE'S

Family of Auto Centers

CHRYSLER • JEEP • DODGE • CHEVROLET • SUZUKI

All Lanes Lead To Low Prices!



Dwayne Lane's

Everett Chrysler Jeep  **SUZUKI.**

10515 Evergreen Way, S. Everett

(425) 353-3855



Dwayne Lane's

ARLINGTON  **CHEVROLET**

315 West Ave., Arlington

(360) 435-2125



Dwayne Lane's

Everett DODGE

7800 Evergreen Way, S. Everett

(425) 267-9000

CALL (888) 444-LANE

"REMEMBER, WE'LL TAKE CARE OF YOU!"

Snohomish County's Largest Volume Dealer